



Does your loved one have unwanted and uncontrollable body movements?

It could be tardive dyskinesia (TD)



What is TD?¹

TD is a condition that causes unwanted and uncontrollable body movements, such as **twitching, shaking, or jerking** in multiple parts of the body, including the face, arms, hands, legs, feet, and torso¹



Recognizing the signs and symptoms of TD¹

- Jerking hand and leg movements
- Neck twisting
- Difficulty swallowing
- Eye blinking
- Grimacing
- Lip smacking
- Involuntary tongue movements
- Finger tapping



About 1 in 4 people

taking medicines for conditions such as schizophrenia, bipolar disorder, and depression may develop TD²

Your loved one may be at **higher risk** if they are³

- Older in age
- Female
- African-American
- Diagnosed with a pre-existing movement disorder



See back for more information about supporting loved ones with TD

How TD may impact you and your loved one

Both patients and caregivers managing TD may experience a significant impact on their lives. Here are some of the ways you and your loved one may be affected

Everyday activities⁴

- Getting dressed
- Eating
- Showering



Bathing or showering was reported the most common task requiring caregiver assistance⁵

Emotions⁴

- Frustration
- Anxiety
- Embarrassment



~35%
of caregivers reported frequent anxiety about the patient's TD⁵

Social life⁴

- Isolation
- No longer leaving to socialize
- Stigma



~30%
of caregivers reported impact on joining social activities⁵

Professional life⁴

- Missing time from work
- Lower work productivity
- Reduced work schedule



~14%
of scheduled working time was missed caring for a loved one⁵

What is anosognosia?

- Anosognosia is a condition common in people with TD where the brain can't recognize health conditions you have⁶⁻⁷
- This means you may recognize symptoms of TD before the person experiencing them does^{6,3}

Managing TD

If you suspect your loved one may have TD, you should visit a doctor for a diagnosis, and advise that they don't change their medication routine, as doing so may make their mental health condition worse⁸



Scan the QR code to download the TD Healthcare Provider Discussion Guide



References: 1. Wain O and Jankovic J. *Tremor Other Hyperkinet Mov.* 2013;3:1-11. 2. Adapted from: Carbon M, et al. *J Clin Psychiatry.* 2017;78(3):e264-e278. 3. Patterson-Lomba O, et al. *BMC Neural.* 2019;19(1):174. 4. Jain R, et al. *J Clin Psychiatry.* 2023;84(3):22m14694. 5. Jain R, et al. Presented at: Psych Congress 2021; October 29–November 1, 2021; San Antonio, Texas. 6. Cleveland Clinic. Anosognosia: What It Is, Causes, Symptoms & Treatment. Cleveland Clinic Website, <https://my.clevelandclinic.org/health/diseases/22832-anosognosia>. Updated April 21, 2022. Accessed August 22, 2023. 7. Myslobodsky MS. *Schizophrenia Bulletin.* 1986;12(1):1-6. 8. Adapted from: Ascher-Svanum H, et al. *J Clin Psychiatry.* 2008;69(10):1580-1588.