

Searching for Sad's Synonyms

Hi! I'm Sad from the DBSA Mood Crew! Did you know there is more than one way to feel sad? Use my word search to find feelings that are similar to Sadness!



HURTING
GLOOMY
MELANCHOLY
UNHAPPY
DEPRESSED
LOW
BLUE
WEEPING
GRIEF
DOWN

G	F	E	I	R	G	E	N	H	A	H	N	E	H
R	P	U	N	H	A	P	P	Y	T	P	T	Y	L
W	N	B	P	D	O	L	O	D	T	G	U	H	N
G	C	E	E	M	N	O	G	Y	W	E	W	O	I
O	U	W	G	L	O	O	M	Y	H	L	E	E	H
E	O	L	M	E	L	A	N	C	H	O	L	Y	B
P	E	N	P	C	N	P	Y	L	W	R	C	I	H
Y	I	E	E	G	H	S	B	L	U	E	U	P	O
L	U	G	G	A	M	O	E	P	E	R	E	U	U
L	G	N	I	P	E	E	W	R	R	N	O	E	I
S	E	O	E	N	Y	S	W	E	D	O	W	O	L
O	U	E	R	Y	W	O	N	P	N	D	O	W	N
S	G	S	D	E	P	R	E	S	S	E	D	E	E
P	I	H	U	R	T	I	N	G	D	D	R	D	W

Define some of the words you found! (You can ask a trusted adult to help define the words if you have trouble on your own.)

1. _____
2. _____
3. _____
4. _____
5. _____

