



**FAVORITE COLOR:** YELLOW

**FAVORITE FOOD:**  
CHEESE STICKS

**WHAT I'M LIKE:** I'M MY OWN  
BEST FRIEND

**THINGS I LIKE TO DO:**  
READING, DRAWING

## I'm Lonely.

Lonely is feeling less isolated since being invited to join the DBSA Mood Crew. Lonely tends to spend a great deal of time by himself and is interested in seeing where this will go. Lonely's father, Solitude, told Lonely that joining the DBSA Mood Crew would be a good way to make new friends. Lonely hasn't always been great at meeting new people, but will give it a try.



Depression and Bipolar  
Support Alliance

©2022 Depression and Bipolar Support Alliance