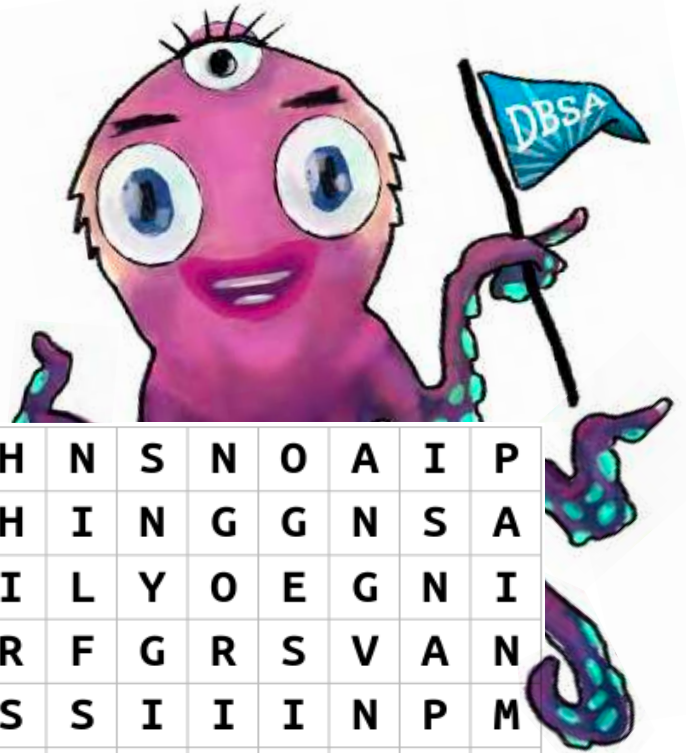


Searching for Happiness

Happy has created a word search of things that make her feel happy. Complete the word search below and then think of some things that make you feel happy.



HAVING FUN

LOVE

SMILING

GRATITUDE

POSITIVITY

CELEBRATING

LAUGHING

FRIENDS

FAMILY

JOKES

GAMES

PLAYING

L	I	N	P	N	S	H	N	S	N	O	A	I	P
J	C	L	A	U	G	H	I	N	G	G	N	S	A
O	V	L	F	A	M	I	L	Y	O	E	G	N	I
K	S	D	N	E	I	R	F	G	R	S	V	A	N
E	L	G	N	N	A	S	S	I	I	I	N	P	M
S	O	P	L	A	Y	I	N	G	R	I	S	O	K
R	V	R	H	I	V	G	I	T	A	I	E	S	C
R	E	E	D	U	T	I	T	A	R	G	M	I	L
N	I	U	D	G	I	I	I	J	Y	G	A	T	F
N	E	N	S	M	I	L	I	N	G	A	G	I	E
P	S	H	A	V	I	N	G	F	U	N	Y	V	F
C	E	L	E	B	R	A	T	I	N	G	D	I	P
S	E	S	S	F	T	N	E	A	I	G	O	T	P
E	L	V	E	U	I	T	G	E	N	D	A	Y	N

List some things that make you feel happy:

1. _____
2. _____
3. _____
4. _____
5. _____



Depression and Bipolar
Support Alliance

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