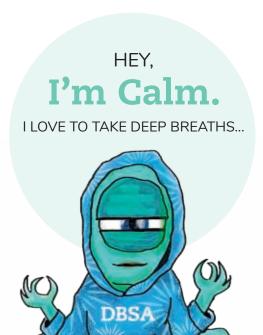


MY FAVORITE COLOR IS RED AND I LOVE TO PLAY TENNIS.





I'm Excited.

I LOVE ROLLERCOASTERS!!!! (AND FUNNEL CAKES!!!)



Meet the **DBSA** MOOD CREW®

## How Are You Feeling?



WELP, HELLO!

I'm Scared.

YOU'LL NEVER CATCH ME WITHOUT MY BLANKET!



HEY THERE,

I'm Lonely.

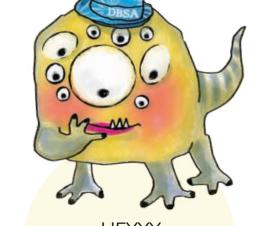
ONE OF MY FAVORITE THINGS TO DO IS READ.



MY FAVORITE FOOD IS BREAD.



I LOVE TO MAKE NEW FRIENDS!



HEYYY
I'm Embarrassed

I LIKE BIRDWATCHING.



OH, HI,

I'm Sad

MY FAVORITE FOOD IS CHOCOLATE.



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## About the Mood Crew®

The DBSA Mood Crew is an emotional literacy program that can help parents and caregivers work with children to understand their feelings. The DBSA Mood Crew has free worksheets, stories, games and activities all meant to help you talk to children about their emotions!

Scan this code for more about the Mood Crew:



DBSAlliance.org/MeetMC