



Excited

Feeling excited is being eager and enthusiastic. Often we feel excited when something fun is happening.

Times we might feel **excited**:

- When it is our birthday
- When we are going to have time off from school
- When we are going somewhere exciting like the zoo or on vacation

When we feel **excited**, our body might feel like:

- We want to jump up and down
- Our eyes are wide open
- Laughing and having big smiles

Understanding Excited / Questions for learning:

What are some times a person might feel **excited**?

When you feel **excited**, what does your body feel like?

Write about a time that you felt **excited**. What was it like?

