



FAVORITE COLOR: PURPLE

FAVORITE FOOD:
MARSHMALLOWS

WHAT I'M LIKE: NERVOUS,
UNSURE, SHY

THINGS I LIKE TO DO:
I'VE ALREADY SHARED
TOO MUCH!

I'm Scared.

Scared is having a great deal of trouble writing this bio. He is somewhat afraid and startled to take such a big step and join the DBSA Mood Crew™. Scared doesn't know what to share about himself except that he would prefer not to. Scared found out about the DBSA Mood Crew™ through his friend, Panic, who declined DBSA's initial offer to join the crew.



Depression and Bipolar
Support Alliance

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