



FAVORITE COLOR: GRAY

FAVORITE FOOD: HOT DOGS

WHAT I'M LIKE: AWKWARD
AROUND MOST PEOPLE,
BUT TRYING TO CHANGE

THINGS I LIKE TO DO:
BIRD WATCHING,
HIDE-AND-SEEK

I'm Embarrassed.

Embarrassed has been flustered since joining the DBSA Mood Crew™.

Embarrassed tends to be somewhat timid, so joining the DBSA Mood Crew™ will be quite the experience. Embarrassed was encouraged by his friend Confident to join the Crew.



Depression and Bipolar
Support Alliance

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