



**FAVORITE COLOR:** BLUE

**FAVORITE FOOD:** TUNA  
SANDWICHES

**WHAT I'M LIKE:** READY  
FOR NEW ADVENTURES,  
AMBITIOUS

**THINGS I LIKE TO DO:**  
BASKETBALL,  
SKATEBOARDING

## I'm Confident.

Confident joins the DBSA Mood Crew™ feeling ready to jump in! Confident tends to feel assured that things will go well. She brings her hopeful attitude and determination to the group. Confident has been told she is a natural leader with a go-getter spirit. Confident would like to thank her Grandma, Tenacity, for having her join the DBSA Mood Crew™!



Depression and Bipolar  
Support Alliance

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