

Excited

Feeling excited is being eager and enthusiastic. Often we feel excited when something fun is happening.



Times we might feel excited:

- When it is our birthday
- When we are going to have time off from school
- When we are going somewhere exciting like the zoo or on vacation

When we feel excited, our body might feel like:

- We want to jump up and down
- Our eyes are wide open
- Laughing and having big smiles

Understanding Excited / Questions for learning:

What are some times a person might feel excited?

When you feel excited, what does your body feel like?

Write about a time that you felt excited. What was it like?

