



FAVORITE COLOR: ALL
OF THEM

FAVORITE FOOD: PIZZA

WHAT I'M LIKE: OPTIMISTIC,
CHEERFUL, FRIENDLY

THINGS I LIKE TO DO: SMILE,
LAUGH, MAKE NEW FRIENDS

I'm Happy.

Happy is pleased to be making her DBSA Mood Crew debut! Happy is always optimistic and has a great outlook on life. Happy is able to put things in perspective and see the positive in situations. Happy has hard days sometimes but always is around to help friends cope. She would like to thank their parents Cheerful and Joyful for all their support!



Depression and Bipolar
Support Alliance

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