



FAVORITE COLOR: GRAY

FAVORITE FOOD: HOT DOGS

WHAT I'M LIKE: AWKWARD
AROUND MOST PEOPLE,
BUT TRYING TO CHANGE

THINGS I LIKE TO DO:
BIRD WATCHING,
HIDE-AND-SEEK

I'm Embarrassed.

Embarrassed has been flustered since joining the DBSA Mood Crew. Embarrassed tends to be somewhat timid, so joining the DBSA Mood Crew will be quite the experience. Embarrassed was encouraged by his friend Confident to join the Crew.



Depression and Bipolar
Support Alliance

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