



Depression and Bipolar  
Support Alliance

# Expert Source

*“Pitch-on-a-Page”*

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## Allen Doederlein

Executive Vice President of External Affairs, Depression and Bipolar Support Alliance (DBSA)

[www.DBSAAlliance.org](http://www.DBSAAlliance.org)

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### WHO

Allen Doederlein, Executive Vice President of External Affairs—Depression and Bipolar Support Alliance (DBSA)

Allen Doederlein has an executive with the organization since 2009. Doederlein first experienced a mood disorder at age 17, the third generation of his family to do so. Each generation has seen an improvement in functioning and thriving, and Doederlein’s (and DBSA’s) commitment is to support and enhance this positive evolution—envisioning wellness for people living with mood disorders.

### WHAT

Depression and Bipolar Support Alliance (Chicago, IL)  
[www.DBSAAlliance.org](http://www.DBSAAlliance.org)

- America’s #1 provider of peer-centered support services, education, and tools for successful living for individuals living with or affected by depression or bipolar disorder
- Created by and for people **with the lived experience!**
- Transforming the conversation about depression and bipolar disorder in the U.S. since 1985
- Promoting wellness and empowerment for individuals living with mood disorders
- Advocating for individuals’ rights, access to quality care, and mental health parity
- National leader in delivering peer specialists training and peer specialist trainer for the U.S. Department of Veterans Affairs.
- Serving more than three million people annually through education, programs, and services, including more than 300 local chapters from coast-to-coast.

### WHEN

When you need an expert on:

- depression or bipolar disorder
- emerging advancements in mental health treatments
- evolving delivery of care models
- innovative tools for enhancing wellness and personal empowerment for people who live with mood disorders.

### WHY

Now is a pivotal time for transforming how we treat mental health conditions in the U.S. and the people who live with them!

- The U.S. government and health providers are recognizing that **people living with these conditions are uniquely qualified** to help others find and maintain wellness, resulting in the emergence of a new peer specialist workforce.
- Experts are recognizing the equal and interdependent nature of physical and mental health, shifting the focus to integrative and personalized care models.
- The doors opened by the Affordable Care Act and the Mental Health Parity Law could close quickly, leaving millions of Americans without adequate treatment options!
- Innovative wellness tools are now available 24/7 to support individuals with mental health conditions on their journey to wellness.
- More and more people are recognizing that people with mental health conditions not only can and do leading full and thriving lives, but many times offer great gifts of leadership, intellect, and creativity.

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**TO BOOK ALLEN DOEDERLEIN AS AN EXPERT ON THIS TOPIC CONTACT:**

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