CHANGES IN SEXUAL FUNCTIONING QUESTIONNAIRE (CSFQ-F-C)

Patient Name	Today's Date
NOTE: This is a questionnaire about sexual activity and	8. Are you easily aroused?
sexual function. By sexual activity, we mean sexual	1-Never
intercourse, masturbation, sexual fantasies and other activity.	☐ 2-Rarely (much less than half the time)
intel course, master parton, sexual functions and other west reje	☐ 3-Sometimes (about half the time)
1. Compared with the most enjoyable it has ever been, how	☐ 4-Often (much more than half the time)
enjoyable or pleasurable is your sexual life right now?	5-Always
□ 1-No enjoyment or pleasure	LI J-Always
☐ 2-Little enjoyment or pleasure	9. Do you have adequate vaginal lubrication during sexual
☐ 3-Some enjoyment or pleasure	activity?
□ 4-Much enjoyment or pleasure	□ 1-Never
☐ 5-Great enjoyment or pleasure	☐ 2-Rarely (much less than half the time)
	□ 3-Sometimes (about half the time)
2. How frequently do you engage in sexual activity (sexual	☐ 4-Often (much more than half the time)
intercourse, masturbation, etc.) now?	5-Always
□ 1-Never	□ J-Atways
☐ 2-Rarely (once a month or less)	10. How often do you become aroused and then lose interest?
☐ 3-Sometimes (more than once a month, up to twice a week)	☐ 5-Never
☐ 4-Often (more than twice a week)	☐ 4-Rarely (much less than half the time)
□ 5-Every day	□ 3-Sometimes (about half the time)
U 5-D vory day	2-Often (much more than half the time)
3. How often do you desire to engage in sexual activity?	☐ 1-Always
□ 1-Never	U I-Aiways
□ 2-Rarely (once a month or less)	11. How often do you experience an orgasm?
☐ 3-Sometimes (more than once a month, up to twice a week)	11. How often do you experience an organit
☐ 4-Often (more than twice a week)	☐ 2-Rarely (much less than half the time)
© 5-Every day	☐ 3-Sometimes (about half the time)
G 5-Dvoly day	☐ 4-Often (much more than half the time)
4. How frequently do you engage in sexual thoughts (thinking	□ 5-Always - "
about sex, sexual fantasies) now?	LI J-Always
□ 1-Never	12. Are you able to have an orgasm when you want to?
□ 2-Rarely (once a month or less)	12. Are you asie to have an organic which you want to:
☐ 3-Sometimes (more than once a month, up to twice a week)	☐ 2-Rarely (much less than half the time)
□ 4-Often (more than twice a week)	☐ 3-Sometimes (about half the time)
□ 5-Every day	☐ 4-Often (much more than half the time)
13 5 FOLY (May	5-Always
5. Do you enjoy books, movies, music or artwork with sexual	U 5-Always
content?	13. How much pleasure or enjoyment do you get from your
□ 1-Never	orgasms?
□ 2-Rarely (once a month or less)	☐ 1-No enjoyment or pleasure
☐ 3-Sometimes (more than once a month, up to twice a week)	☐ 2-Little enjoyment or pleasure
☐ 4-Often (more than twice a week)	☐ 3-Some enjoyment or pleasure
□ 5-Every day	☐ 4-Much enjoyment or pleasure
	☐ 5-Great enjoyment or pleasure
6. How much pleasure or enjoyment do you get from thinking	a 3-Great engoyment or preasure
about and fantasizing about sex?	14. How often do you have painful orgasm?
☐ 1-No enjoyment or pleasure	□ 5-Never
☐ 2-Little enjoyment or pleasure	4-Rarely (once a month or less)
☐ 3-Some enjoyment or pleasure	☐ 3-Sometimes (more than once a month, up to twice a week)
☐ 4-Much enjoyment or pleasure	2-Often (more than twice a week)
☐ 5-Great enjoyment or pleasure	☐ 1-Every day
	a 1-byory day
7. How often do you become sexually aroused?	= Pleasure (Item 1)
1 1-Never	= Desire/Frequency (Item 2 + Item 3)
2-Rarely (once a month or less)	= Desire/Interest (Item 4 + Item 5 + Item 6)
[] 3-Sometimes (more than once a month, up to twice a week)	= Arousal/Excitement (Item 7 + Item 8 + Item 9)
☐ 4-Often (more than twice a week)	= Orgasm/Completion (Item 11 + Item 12 + Item 13)
C C Process Acres	- Total CSEO Scare (Items 1 to 14)

CHANGES IN SEXUAL FUNCTIONING QUESTIONNAIRE (CSFQ-M-C)

Patient Name	Today's Date
NOTE: This is a questionnaire about sexual activity and	8. Do you get an erection easily?
sexual function. By sexual activity, we mean sexual	□ 1-Never
intercourse, masturbation, sexual fantasies and other activity.	☐ 2-Rarely (much less than half the time)
,	☐ 3-Sometimes (about half the time)
1. Compared with the most enjoyable it has ever been, how	☐ 4-Often (much more than half the time)
enjoyable or pleasurable is your sexual life right now?	□ 5-Always
☐ 1-No enjoyment or pleasure	
☐ 2-Little enjoyment or pleasure	9. Are you able to maintain an erection?
☐ 3-Some enjoyment or pleasure	□ 1-Never
☐ 4-Much enjoyment or pleasure	☐ 2-Rarely (much less than half the time)
☐ 5-Great enjoyment or pleasure	☐ 3-Sometimes (about half the time)
• • •	☐ 4-Often (much more than half the time)
2. How frequently do you engage in sexual activity (sexual	□ 5-Always
intercourse, masturbation, etc.) now?	•
□ 1-Never	10. How often do you experience painful, prolonged
☐ 2-Rarely (once a month or less)	erections?
☐ 3-Sometimes (more than once a month, up to twice a week)	□ 5-Never
☐ 4-Often (more than twice a week)	☐ 4-Rarely (once a month or less)
□ 5-Every day	☐ 3-Sometimes (more than once a month, up to twice a week)
	☐ 2-Often (more than twice a week)
3. How often do you desire to engage in sexual activity?	□ 1-Every day
□ 1-Never	
☐ 2-Rarely (once a month or less)	11. How often do you have an ejaculation?
☐ 3-Sometimes (more than once a month, up to twice a week)	□ 1-Never
☐ 4-Often (more than twice a week)	☐ 2-Rarely (once a month or less)
□ 5-Every day	☐ 3-Sometimes (more than once a month, up to twice a week)
	☐ 4-Often (more than twice a week)
4. How frequently do you engage in sexual thoughts (thinking	□ 5-Every day
about sex, sexual fantasies) now?	
□ 1-Never	12. Are you able to ejaculate when you want to?
☐ 2-Rarely (once a month or less)	☐ 1-Never
☐ 3-Sometimes (more than once a month, up to twice a week)	
☐ 4-Often (more than twice a week)	☐ 3-Sometimes (about half the time)
☐ 5-Every day	☐ 4-Often (much more than half the time)
	□ 5-Always
5. Do you enjoy books, movies, music or artwork with sexual	
content?	13. How much pleasure or enjoyment do you get from your
□ 1-Never	orgasms?
☐ 2-Rarely (once a month or less)	☐ 1-No enjoyment or pleasure
☐ 3-Sometimes (more than once a month, up to twice a week)	
4-Often (more than twice a week)	☐ 3-Some enjoyment or pleasure
□ 5-Every day	☐ 4-Much enjoyment or pleasure
	☐ 5-Great enjoyment or pleasure
6. How much pleasure or enjoyment do you get from thinking	
about and fantasizing about sex?	14. How often do you have painful orgasm?
☐ 1-No enjoyment or pleasure	□ 5-Never
☐ 2-Little enjoyment or pleasure	☐ 4-Rarely (once a month or less)
☐ 3-Some enjoyment or pleasure	☐ 3-Sometimes (more than once a month, up to twice a week)
☐ 4-Much enjoyment or pleasure	☐ 2-Often (more than twice a week)
☐ 5-Great enjoyment or pleasure	☐ 1-Every day
7 Transaction of the second of	- Manager (14-11)
7. How often do you have an erection related or unrelated to	= Pleasure (Item 1)
sexual activity?	= Desire/Frequency (Item 2 + Item 3)
1-Never	= Desire/Interest (Item 4 + Item 5 + Item 6)
2-Rarely (once a month or less)	= Arousal/Erection (Item 7 + Item 8 + Item 9)
☐ 3-Sometimes (more than once a month, up to twice a week)	
4-Often (more than twice a week)	= Total CSFQ Score (Items 1 to 14)
☐ 5-Every day	

INSTRUCTIONS FOR COMPLETING AND SCORING THE CSFQ

Ask the patient to complete <u>all</u> 14 items on the clinical version of the CSFQ. The patient should place a check () in the box corresponding to the response for that particular item. The patient should choose only one response per item.

To score items on the CSFQ, take the numerical value or weight indicated for a particular response. For example, in Item 1, a response of "some enjoyment or pleasure" has a numerical value of 3, whereas a response of "much enjoyment or pleasure" has a numerical value of 4. Some items have responses that are reverse-scored: for example, on Item 14 in the CSFQ-F-C version, a response of "never" has a numerical value of 5, whereas a response of "every day" has a value of 1.

To calculate the Total CSFQ score, add up the values of the responses for all 14 items. To calculate subscale scores, add up the values for only the items that correspond to a particular subscale (see shaded box on front side). To determine if sexual dysfunction is present, refer to the gender-specific scoring protocols below.

Scoring for CSFQ-F-C: (Female Clinical Version)

If the <u>female</u> patient obtains a score <u>at or below</u> the following cut-off points* on any of these scales, it is indicative of sexual dysfunction:

Total CSFQ score:	41.0 (range: 14 to 70)
Sexual Desire/Frequency score:	6.0 (range: 2 to 10)
Sexual Desire/Interest:	9.0 (range: 3 to 15)
Sexual Pleasure:	4.0 (range: 1 to 5)
Sexual Arousal/Excitement:	12.0 (range: 3 to 15)
Sexual Orgasm/Completion:	11.0 (range: 3 to 15)

Scoring for CSFQ-M-C: (Male Clinical Version)

If the <u>male</u> patient obtains a score <u>at or below</u> the following cut-off points* on any of these scales, it is indicative of sexual dysfunction:

47.0 (range: 14 to 70)
8.0 (range: 2 to 10)
11.0 (range: 3 to 15)
4.0 (range: 1 to 5)
13.0 (range: 3 to 15)
13.0 (range: 3 to 15)

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Clayton, A.H., Owens, J.E., & McGarvey, E.L. (1995). Assessment of paroxetine-induced sexual dysfunction using the Changes in Sexual Functioning Questionnaire. *Psychopharmacology Bulletin*, 31(2), 397-413.

^{*} Based on comparisons of non-depressed participants and clinically depressed patients