

CHANGES IN SEXUAL FUNCTIONING QUESTIONNAIRE (CSFQ-F-C)

Patient Name _____

Today's Date _____

NOTE: This is a questionnaire about sexual activity and sexual function. By sexual activity, we mean sexual intercourse, masturbation, sexual fantasies and other activity.

1. Compared with the most enjoyable it has ever been, how enjoyable or pleasurable is your sexual life right now?

- 1-No enjoyment or pleasure
- 2-Little enjoyment or pleasure
- 3-Some enjoyment or pleasure
- 4-Much enjoyment or pleasure
- 5-Great enjoyment or pleasure

2. How frequently do you engage in sexual activity (sexual intercourse, masturbation, etc.) now?

- 1-Never
- 2-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 4-Often (more than twice a week)
- 5-Every day

3. How often do you desire to engage in sexual activity?

- 1-Never
- 2-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 4-Often (more than twice a week)
- 5-Every day

4. How frequently do you engage in sexual thoughts (thinking about sex, sexual fantasies) now?

- 1-Never
- 2-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 4-Often (more than twice a week)
- 5-Every day

5. Do you enjoy books, movies, music or artwork with sexual content?

- 1-Never
- 2-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 4-Often (more than twice a week)
- 5-Every day

6. How much pleasure or enjoyment do you get from thinking about and fantasizing about sex?

- 1-No enjoyment or pleasure
- 2-Little enjoyment or pleasure
- 3-Some enjoyment or pleasure
- 4-Much enjoyment or pleasure
- 5-Great enjoyment or pleasure

7. How often do you become sexually aroused?

- 1-Never
- 2-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 4-Often (more than twice a week)
- 5-Every day

8. Are you easily aroused?

- 1-Never
- 2-Rarely (much less than half the time)
- 3-Sometimes (about half the time)
- 4-Often (much more than half the time)
- 5-Always

9. Do you have adequate vaginal lubrication during sexual activity?

- 1-Never
- 2-Rarely (much less than half the time)
- 3-Sometimes (about half the time)
- 4-Often (much more than half the time)
- 5-Always

10. How often do you become aroused and then lose interest?

- 5-Never
- 4-Rarely (much less than half the time)
- 3-Sometimes (about half the time)
- 2-Often (much more than half the time)
- 1-Always

11. How often do you experience an orgasm?

- 1-Never
- 2-Rarely (much less than half the time)
- 3-Sometimes (about half the time)
- 4-Often (much more than half the time)
- 5-Always

12. Are you able to have an orgasm when you want to?

- 1-Never
- 2-Rarely (much less than half the time)
- 3-Sometimes (about half the time)
- 4-Often (much more than half the time)
- 5-Always

13. How much pleasure or enjoyment do you get from your orgasms?

- 1-No enjoyment or pleasure
- 2-Little enjoyment or pleasure
- 3-Some enjoyment or pleasure
- 4-Much enjoyment or pleasure
- 5-Great enjoyment or pleasure

14. How often do you have painful orgasm?

- 5-Never
- 4-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 2-Often (more than twice a week)
- 1-Every day

_____ = Pleasure (Item 1)

_____ = Desire/Frequency (Item 2 + Item 3)

_____ = Desire/Interest (Item 4 + Item 5 + Item 6)

_____ = Arousal/Excitement (Item 7 + Item 8 + Item 9)

_____ = Orgasm/Completion (Item 11 + Item 12 + Item 13)

_____ = Total CSFQ Score (Items 1 to 14)

CHANGES IN SEXUAL FUNCTIONING QUESTIONNAIRE (CSFQ-M-C)

Patient Name _____

Today's Date _____

NOTE: This is a questionnaire about sexual activity and sexual function. By sexual activity, we mean sexual intercourse, masturbation, sexual fantasies and other activity.

1. Compared with the most enjoyable it has ever been, how enjoyable or pleasurable is your sexual life right now?

- 1-No enjoyment or pleasure
- 2-Little enjoyment or pleasure
- 3-Some enjoyment or pleasure
- 4-Much enjoyment or pleasure
- 5-Great enjoyment or pleasure

2. How frequently do you engage in sexual activity (sexual intercourse, masturbation, etc.) now?

- 1-Never
- 2-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 4-Often (more than twice a week)
- 5-Every day

3. How often do you desire to engage in sexual activity?

- 1-Never
- 2-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 4-Often (more than twice a week)
- 5-Every day

4. How frequently do you engage in sexual thoughts (thinking about sex, sexual fantasies) now?

- 1-Never
- 2-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 4-Often (more than twice a week)
- 5-Every day

5. Do you enjoy books, movies, music or artwork with sexual content?

- 1-Never
- 2-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 4-Often (more than twice a week)
- 5-Every day

6. How much pleasure or enjoyment do you get from thinking about and fantasizing about sex?

- 1-No enjoyment or pleasure
- 2-Little enjoyment or pleasure
- 3-Some enjoyment or pleasure
- 4-Much enjoyment or pleasure
- 5-Great enjoyment or pleasure

7. How often do you have an erection related or unrelated to sexual activity?

- 1-Never
- 2-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 4-Often (more than twice a week)
- 5-Every day

8. Do you get an erection easily?

- 1-Never
- 2-Rarely (much less than half the time)
- 3-Sometimes (about half the time)
- 4-Often (much more than half the time)
- 5-Always

9. Are you able to maintain an erection?

- 1-Never
- 2-Rarely (much less than half the time)
- 3-Sometimes (about half the time)
- 4-Often (much more than half the time)
- 5-Always

10. How often do you experience painful, prolonged erections?

- 5-Never
- 4-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 2-Often (more than twice a week)
- 1-Every day

11. How often do you have an ejaculation?

- 1-Never
- 2-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 4-Often (more than twice a week)
- 5-Every day

12. Are you able to ejaculate when you want to?

- 1-Never
- 2-Rarely (much less than half the time)
- 3-Sometimes (about half the time)
- 4-Often (much more than half the time)
- 5-Always

13. How much pleasure or enjoyment do you get from your orgasms?

- 1-No enjoyment or pleasure
- 2-Little enjoyment or pleasure
- 3-Some enjoyment or pleasure
- 4-Much enjoyment or pleasure
- 5-Great enjoyment or pleasure

14. How often do you have painful orgasm?

- 5-Never
- 4-Rarely (once a month or less)
- 3-Sometimes (more than once a month, up to twice a week)
- 2-Often (more than twice a week)
- 1-Every day

_____ = Pleasure (Item 1)

_____ = Desire/Frequency (Item 2 + Item 3)

_____ = Desire/Interest (Item 4 + Item 5 + Item 6)

_____ = Arousal/Erection (Item 7 + Item 8 + Item 9)

_____ = Orgasm/Ejaculation (Item 11 + Item 12 + Item 13)

_____ = Total CSFQ Score (Items 1 to 14)

INSTRUCTIONS FOR COMPLETING AND SCORING THE CSFQ

Ask the patient to complete all 14 items on the clinical version of the CSFQ. The patient should place a check (✓) in the box corresponding to the response for that particular item. The patient should choose only one response per item.

To score items on the CSFQ, take the numerical value or weight indicated for a particular response. For example, in Item 1, a response of "some enjoyment or pleasure" has a numerical value of 3, whereas a response of "much enjoyment or pleasure" has a numerical value of 4. Some items have responses that are reverse-scored: for example, on Item 14 in the CSFQ-F-C version, a response of "never" has a numerical value of 5, whereas a response of "every day" has a value of 1.

To calculate the Total CSFQ score, add up the values of the responses for all 14 items. To calculate subscale scores, add up the values for only the items that correspond to a particular subscale (see shaded box on front side). To determine if sexual dysfunction is present, refer to the gender-specific scoring protocols below.

Scoring for CSFQ-F-C: (Female Clinical Version)

If the female patient obtains a score at or below the following cut-off points* on any of these scales, it is indicative of sexual dysfunction:

Total CSFQ score:	41.0 (range: 14 to 70)
Sexual Desire/Frequency score:	6.0 (range: 2 to 10)
Sexual Desire/Interest:	9.0 (range: 3 to 15)
Sexual Pleasure:	4.0 (range: 1 to 5)
Sexual Arousal/Excitement:	12.0 (range: 3 to 15)
Sexual Orgasm/Completion:	11.0 (range: 3 to 15)

Scoring for CSFQ-M-C: (Male Clinical Version)

If the male patient obtains a score at or below the following cut-off points* on any of these scales, it is indicative of sexual dysfunction:

Total CSFQ score:	47.0 (range: 14 to 70)
Sexual Desire/Frequency score:	8.0 (range: 2 to 10)
Sexual Desire/Interest:	11.0 (range: 3 to 15)
Sexual Pleasure:	4.0 (range: 1 to 5)
Sexual Arousal/Excitement:	13.0 (range: 3 to 15)
Sexual Orgasm/Completion:	13.0 (range: 3 to 15)

REFERENCES:

Clayton, A.H., McGarvey, E.L., & Clavet, G.J. (1997). The Changes in Sexual Functioning Questionnaire (CSFQ): Development, Reliability, and Validity. *Psychopharmacology Bulletin*, 33(4), 731-745.

Clayton, A.H., McGarvey, E.L., Clavet, G.J., & Piazza, L. (1997). Comparison of sexual functioning in clinical and non-clinical populations using the Changes in Sexual Functioning Questionnaire (CSFQ). *Psychopharmacology Bulletin*, 33(4), 747-753.

Clayton, A.H., Owens, J.E., & McGarvey, E.L. (1995). Assessment of paroxetine-induced sexual dysfunction using the Changes in Sexual Functioning Questionnaire. *Psychopharmacology Bulletin*, 31(2), 397-413.

* Based on comparisons of non-depressed participants and clinically depressed patients