

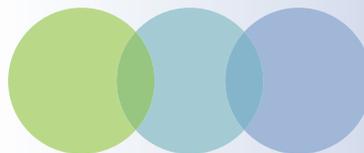


Depression and Bipolar  
Support Alliance

final agenda

**THE DEPRESSION AND BIPOLAR SUPPORT ALLIANCE**

**INVITES YOU, THIS SEPTEMBER, TO EXPERIENCE THE POWER OF PEERS**



**THE POWER OF  
PEERS**

**DBSA 2008 NATIONAL CONFERENCE • NORFOLK, VA**

**WEDNESDAY, SEPTEMBER 10 - SUNDAY, SEPTEMBER 14, 2008**

**SHERATON NORFOLK WATERSIDE HOTEL**

**A peer-centered mental health conference  
for consumers, family members and providers**

**keynotes** KAY REDFIELD JAMISON, PHD • PAT DEEGAN, PHD • RICHARD COHEN • LARRY FRICKS

**also featuring** DAVID GRANIRER • VICTORIA MAXWELL • GREG SIMON, MD, MPH • STEPHEN PROPST, MBA  
LAUREN MARANGELL, MD • LAURA PRESCOTT • WALTER HUDSON • MELVIN MCINNIS, MD  
KAREN FUQUA • DIANE GRIEDER, MED • SHARON JENKINS-TUCKER • AND MANY MORE!

**register now and save up to 20% SPECIAL PACKAGE DISCOUNTS ALSO AVAILABLE**

[www.DBSAlliance.org/Conference2008](http://www.DBSAlliance.org/Conference2008) • (800) 826-3632

THE DBSA 2008 NATIONAL CONFERENCE OFFERS CONSUMERS, FAMILY, FRIENDS AND HEALTH CARE PROVIDERS 5 UNFORGETTABLE, UPLIFTING DAYS FILLED WITH PEER-CENTERED KEYNOTE PRESENTATIONS AND EDUCATIONAL WORKSHOPS LED BY WORLD-RENOWNED MENTAL HEALTH EXPERTS AND EDUCATORS, BEST-SELLING AUTHORS AND CONSUMER ADVOCATES. EXPERIENCE 5 DAYS FILLED WITH THE POWER OF SUPPORT ... OF UNDERSTANDING ... OF TEACHING ... OF LISTENING ... OF RECOVERY ... 5 DAYS FILLED WITH **THE POWER OF PEERS.**

**EXPERIENCE THE POWER OF...**

**inspiration**

... through the unique peer perspectives of an unprecedented lineup of internationally-known **KEYNOTE SPEAKERS.**

**knowledge**

... through more than 16 peer-focused **EDUCATIONAL SESSIONS** led by leading experts, educators, authors and consumer leaders.

**skills**

... through 4 in-depth **PRE-CONFERENCE INSTITUTES** that offer recovery-based tools and strategies to consumers, veterans, peer specialists and family members.

**laughter**

... through a special **STAND-UP COMEDY NIGHT** put on by counselor, author and stand-up comic David Granirer, founder of Stand Up for Mental Health, and 8 conference attendees.

**connection**

... through the 5 **PEER ROUNDTABLE SESSIONS**, where peers share ideas and personal strategies based on their lived experience on a variety of wellness-focused topics.

**encouragement**

... through **SUPPORT GROUPS** held during the conference to provide a forum for mutual acceptance and self-discovery.

**PEERS**

... through a conference **COMMUNITY** where you can connect with old and new friends to network and share stories, wellness strategies ... and hope.

Visit [www.DBSAlliance.org/Speakers2008](http://www.DBSAlliance.org/Speakers2008) for bios of all our speakers.

**KEYNOTE SPEAKERS**

**KAY REDFIELD JAMISON, PHD**, is professor of psychiatry at the Johns Hopkins University School of Medicine and honorary professor of English at the University of St. Andrews in Scotland. A consumer with bipolar disorder, she has coauthored the standard medical text on bipolar disorder, *Manic-Depressive Illness*, and authored several best-selling books such as *Exuberance*, *Touched with Fire* and *An Unquiet Mind*. A member of the first National Advisory Council for Human Genome Research, Dr. Jamison holds many other national and international honors, such as being named by *Time* magazine as a "Hero of Medicine."



REDFIELD JAMISON

**PAT DEEGAN, PHD**, is a leader in the consumer/survivor movement and cofounder of the National Empowerment Center, Inc. and Boston University's Institute for the Study of Human Resilience. Diagnosed with schizophrenia as a teen, Dr. Deegan has 27 published papers on recovery, empowerment and system transformation and is a leader of the national effort to restore state mental health hospital cemeteries. She has spoken across the U.S., as well as in Canada, Europe, Australia, New Zealand and Israel.



DEEGAN

**RICHARD M. COHEN** is a distinguished journalist who has earned three Emmy awards and numerous other honors. Author of *The New York Times* best seller, *Blindsided*, Cohen has lived with multiple sclerosis for more than 25 years. His newest book, *Strong at the Broken Places*, chronicles the inspirational lives of five people, including Larry Fricks, who live—as Cohen does—with a chronic illness. Cohen lives in New York City with his wife, *Today Show* host Meredith Vieira, and their three children.



COHEN

**LARRY FRICKS** is internationally known for designing certified peer specialist programs during his nearly 13 years as director of Georgia's Office of Consumer Relations and Recovery. A founder of the Georgia Mental Health Consumer Network, Inc., and of the Georgia Peer Support Institute, Fricks discusses his life with bipolar disorder in the new book, *Strong at the Broken Places*. His honors include a seat on the 1999 Surgeon General's Report on Mental Health's Planning Board and the International Association of Psychosocial Rehabilitation Services' 2004 Recovery Award.



FRICKS

## PRE-CONFERENCE INSTITUTES

**WEDNESDAY, SEPTEMBER 10**

9:00AM - 4:30PM

### **FIGHTING THE HIDDEN BATTLE: VETERANS & OTHERS LIVING WITH PTSD**

PTSD is affecting a never-before-seen number of U.S. military who are traumatized by combat experiences in Iraq and Afghanistan. This institute offers a general overview of PTSD for anyone who has endured the horrors not just of war but also of abuse or a terrible accident ... anyone who needs to know that hope, help and support are available to heal the trauma inside.

**THURSDAY, SEPTEMBER 11**

9:00AM - 5:00PM

### **PEER SPECIALIST CONTINUING EDUCATION (CE)**

Peer Specialist Continuing Education is coming live to Norfolk! Now that peer specialists' work is recognized nationally as a Medicaid-billable service, CE credits are increasingly important to maintain state certification and employment. This special pre-conference institute offers peer specialists six (6) CE credits, the benefit of face-to-face learning with top-notch instructors and the opportunity to meet and network with other peer specialists from around the country. Courses offered will focus on ethics and boundaries for peer specialists as well as peer-led wellness strategies. Visit [www.DBSAlliance.org/PreConCE2008](http://www.DBSAlliance.org/PreConCE2008) for more information and course descriptions.

**FRIDAY, SEPTEMBER 12**

8:00AM - 11:00AM

### **AT HOME WITH WELLNESS: FAMILIES & RECOVERY**

Family support is crucial to recovery for those living with mood disorders. As a consumer, it's important to educate family members about your illness, ask for help when you need it and let them know what helps and what hurts. And it's important, as a family member, to learn the facts about mood disorders, take care of yourself and let your loved one know you're there to listen and help in the recovery process. This institute will offer guidelines, for both consumers and their families, to foster the communication and understanding that creates a supportive environment—and provide strategies for parents of children with a mood disorder as well as parents that are consumers themselves. *Sponsored by Rebecca's Dream.*



### **FINDING COMMON GROUND WITH PAT DEEGAN, PHD**

Learn from Pat Deegan about how a peer-run Decision Support Center in a medication clinic can facilitate shared decision making between consumers and clinicians. She'll also discuss the importance of "personal medicine" in the recovery process and how peers can help each other avoid the "medication traps" that spiral us away from recovery. Also, participants will have the chance to create their own personal medicine and power statements, which help cultivate shared decision making—common ground—with prescribers.

**NEW THIS YEAR! POWER OF PEERS ROUNDTABLES**

## POST-CONFERENCE INSTITUTES

**SUNDAY, SEPTEMBER 14**

### **CHAPTER LEADERSHIP FORUM (CLF)**

This one-day grassroots forum provides an opportunity for chapter leaders from around the country to come together and share best practices. Use the knowledge you gain to enhance the quality and scope of your community's chapter. All chapter and support group participants are encouraged to attend this unique networking opportunity! The first 100 registrants affiliated with a DBSA chapter (maximum 5 per chapter) may attend at no cost as a benefit of chapter affiliation. Additional chapter participants or individuals who are not affiliated with a DBSA chapter can participate for a \$50 registration fee. Total attendance is limited to 150 participants, so register now to ensure a seat! *To register, visit [www.DBSAlliance.org/CLF2008](http://www.DBSAlliance.org/CLF2008).*

**MONDAY - FRIDAY, SEPTEMBER 15 - 19**

### **DBSA PEER SPECIALIST TRAINING**

This five-day course prepares people who live with mental illnesses to use their experiences to work with peers to support their recovery. Facilitated by nationally-recognized trainers, this comprehensive training delivers a foundation in recovery principles, intervention techniques and ethical practice. Participants will be selected through a competitive application process. To apply, visit [www.DBSAlliance.org/PS2008](http://www.DBSAlliance.org/PS2008). The registration fee is \$950, which includes the training fee and all training materials, beverage breaks, continental breakfast (Monday-Friday) and post-training certification testing. [www.DBSAlliance.org/PS2008](http://www.DBSAlliance.org/PS2008)

### **POWER OF PEERS ROUNDTABLES**

In these peer-led, small group discussions, network with peers from around the country, share knowledge and be creative. See what it's like to have the Power of Peers on your side—the power of new friends, novel solutions and practical tools for a lifetime of wellness! Brainstorm on a wide variety of wellness-focused topics, from strategies for living better with depression or bipolar disorder, to issues like disclosure, rapid cycling, impulsivity, substance abuse, pain, culturally-based challenges and much, much more! Learn about all the roundtables at [www.DBSAlliance.org/Roundtables2008](http://www.DBSAlliance.org/Roundtables2008).

## SPECIAL EVENTS

### FRIENDS RECEPTION FUNDRAISER ..... FRIDAY

At this year's Friends Reception, co-keynotes Richard M. Cohen and Larry Fricks will inspire you with readings from Cohen's book, *Strong at the Broken Places*, and be available for book-signing. Your presence will help raise money for DBSA's Chapter Leadership Forum (CLF) Scholarship Fund. CLF provides chapter leaders with the training they need to provide support to more than 70,000 individuals each year and to achieve positive change in their communities through advocacy, community outreach, education and support.

### PRESIDENT'S LUNCH ..... SATURDAY

Join DBSA President Sue Bergeson for an intimate lunch and discuss with her the latest trends in mental health. Proceeds will benefit the DBSA Chapter Leadership Forum Scholarship Fund. In addition to lunch with Sue on Saturday, President's Lunch donors will receive one (1) each of the following:

- Full conference registration (Friday and Saturday)
- Friends Reception ticket
- DBSA apparel item
- DBSA 2008 National Conference product exclusive to President's Lunch donors

### STAND-UP COMEDY NIGHT ..... SATURDAY

Come laugh your head off on Saturday night, September 13, with counselor, stand-up comic and author of *The Happy Neurotic: How Fear and Angst Can Lead To Happiness and Success*, **DAVID GRANIRER**. David is the founder of **STAND UP FOR MENTAL HEALTH**, a program teaching comedy to people with mental illness as a way of building confidence and fighting public stigma. David and eight conference attendees, newly trained as stand-up comics, will put on a show that looks at the lighter side of taking meds, seeing counselors, getting diagnosed and surviving the mental health system. Visit [www.DBSAlliance.org/Comedy2008](http://www.DBSAlliance.org/Comedy2008) to learn more or get involved.



COMIC, DAVID GRANIRER

## EDUCATIONAL BREAKOUT SESSIONS

### STRATEGIES FOR WHOLE HEALTH WELLNESS\*

In this workshop, Sharon Jenkins-Tucker will provide effective strategies to promote mind and body wellness, reviewing techniques for counteracting the challenges to overall health, such as chronic stress and obesity, faced by people with mental illnesses.

### ALTERNATIVE THERAPIES AND EMERGING TECHNOLOGIES

Lauren B. Marangell, MD, will offer an up-to-date, scientific assessment of available alternative therapies and emerging technologies such as Vagus Nerve Stimulation (VNS), nutritional supplements, meditation and more.

### STAMP OUT STIGMA AND REV UP YOUR RECOVERY!\*

Stephen Propst, MBA, will lead this interactive discussion about stigma. You will learn hands-on approaches for dealing with stigma and find out why doing so bolsters recovery.

### EFFECTIVELY MANAGING YOUR ILLNESS & FINANCES

Simultaneously managing finances and a mood disorder requires creativity and skill. This workshop will offer practical strategies and resources to monitor your finances and avoid finance-related triggers in everyday life.

### PERSON-CENTERED TREATMENT & PLANNING

Led by Diane Grieder, MEd, and Larry Fricks, this workshop explores why the concept of person-centered treatment—which values each individual's lived experience and emphasizes self-directed recovery plans—is critical to recovery.

### GENETICS & MOOD DISORDERS: NEW RESEARCH & FUTURE IMPLICATIONS

Researcher Melvin McInnis, MD, will present an overview of genetics and heredity in mood disorders—including an update on the latest research from the G11, one of the largest and longest-lived collaborations among 11 U.S. universities.

### SHARED DECISION MAKING: PARTNERING WITH YOUR CLINICIAN

Gregory Simon, MD, MPH, will present strategies for developing mutual partnerships with your health care providers, sharing background on emerging concepts and communication tools focused on quality of life rather than symptom measurement.

### MENTAL HEALTH PARITY & BEYOND\*

Led by Randy Revelle, this workshop addresses advocacy issues at the state and federal levels, with a special focus on mental health parity—why we need it and its benefits and costs—providing achievable action steps for change!

### ONLINE SUPPORT & RECOVERY TOOLS

More and more individuals are turning to online resources to provide support and wellness strategies. Learn what options exist as well as the benefits and potential hazards of this emerging medium.

### SUCCESSFUL CAREER PLANNING\*

In this workshop led by Karen Fuqua, you'll learn about the link between mood and career success, discover helpful assessment tools and explore methods to help you create a personalized career path.

### SUCCESSFUL INTERPERSONAL RELATIONSHIPS

This workshop will provide practical tips for maintaining and improving significant relationships, such as a marriage or domestic partnership, making sure that both parties' needs are understood and met.

### WOMEN & MOOD DISORDERS

Not just for women! Learn about women's issues specific to you or a loved one, including the effects of menopause, hormones, premenstrual syndrome (PMS) and pregnancy on mood disorders.

### CULTURAL INCLUSION: A PANEL DISCUSSION\*

This panel discussion will offer a wide variety of viewpoints and examine strategies for breaking down barriers to successful treatment at an individual, community and system level.

### TRAUMA: LOOKING BACK & MOVING FORWARD\*

Presenter Victoria Maxwell will examine severe trauma and trauma we all face, exploring its effect on mood disorders and providing strategies to move forward towards recovery.

### SPARKING CREATIVITY IN HEALING\*

Elizabeth Maynard Schaefer, PhD, will share creative writing techniques—including journaling, poetry, fiction and blogging—shown to ease emotional trauma and depressive symptoms and even improve the immune system.

\* Consumer-led presentations

## CONFERENCE SCHEDULE

WEDNESDAY, SEPTEMBER 10			
9:00am - 4:30pm	<b>FIGHTING THE HIDDEN BATTLE: VETERANS &amp; OTHERS LIVING WITH PTSD</b> Pre-Conference Institute <i>Special registration required.</i>		
THURSDAY, SEPTEMBER 11			
9:00am - 5:00pm	<b>PEER SPECIALIST CONTINUING EDUCATION</b> Pre-Conference Institute <i>Special registration required.</i>		
7:00pm - 8:00pm	Meet and greet for conference attendees (optional)		
FRIDAY, SEPTEMBER 12			
8:00am - 11:00am	<b>AT HOME WITH WELLNESS: FAMILIES &amp; RECOVERY</b> Pre-Conference Institute <i>Special registration required.</i>	<b>FINDING COMMON GROUND</b> with Pat Deegan, PhD Pre-Conference Institute <i>Special registration required.</i>	
12:00pm	<b>CONFERENCE OPENS</b>		
12:00pm - 12:15pm	<b>Welcome</b>		
12:15pm - 1:00pm	<b>OPENING KEYNOTE ADDRESS: PAT DEEGAN, PHD</b>		
1:00pm - 1:15pm	Travel Break	<b>EXHIBIT HALL OPEN</b> 1:00pm - 6:30pm	
1:15pm - 2:15pm	<b>Breakout Sessions</b> (attend 1 of 4)		
2:15pm - 2:45pm	Beverage Break		
2:45pm - 3:45pm	<b>Peer Roundtables</b> (attend 1 of 4)		
3:45pm - 4:00pm	Travel Break		
4:00pm - 5:00pm	<b>General Session (Ask the Doctors)</b>		
5:00pm - 5:30pm	<b>Daily Wrap-Up</b>		
6:00pm - 7:00pm	<b>DBSA Support Groups</b> (optional)		
6:30pm - 8:30pm	<b>FRIENDS RECEPTION FUNDRAISER</b> (optional) <i>Purchase tickets with registration (encouraged) or onsite.</i>		
SATURDAY, SEPTEMBER 13			
7:30am - 8:30am	<b>Continental Breakfast with Peers</b> (optional) <i>Purchase tickets with registration.</i>		
9:00am - 9:15am	<b>Opening Remarks</b>		
9:15am - 10:00am	<b>KEYNOTE ADDRESS: KAY REDFIELD JAMISON, PHD</b>		
10:00am - 10:30am	<b>General Session (I Am Not My Illness)</b>	<b>EXHIBIT HALL OPEN</b> 10:00am - 4:00pm	
10:30am - 10:45am	Travel Break		
10:45am - 11:45am	<b>Breakout Sessions</b> (attend 1 of 4)		
12:00pm - 1:00pm	<b>President's Lunch</b> (optional) <i>Purchase tickets with registration.</i>		
	<b>Lunch with Peers</b> (optional) <i>Purchase tickets with registration.</i>		
1:15pm - 2:15pm	<b>Breakout Sessions</b> (attend 1 of 4)		
2:15pm - 2:30pm	Travel Break		
2:30pm - 3:30pm	<b>Breakout Sessions</b> (attend 1 of 4)		
3:30pm - 4:00pm	Beverage Break		
4:00pm - 4:45pm	<b>CLOSING KEYNOTE ADDRESS: RICHARD M. COHEN AND LARRY FRICKS</b>		
4:45pm - 5:00pm	<b>Closing Remarks</b>		
6:00pm - 7:00pm	<b>DBSA Support Groups</b> (optional)		
7:00pm - 8:30pm	<b>STAND-UP COMEDY NIGHT</b> (optional)		
SUNDAY, SEPTEMBER 14			
7:30am - 5:30pm	<b>CHAPTER LEADERSHIP FORUM (CLF)</b> Post-Conference Institute <i>Separate registration required online at <a href="http://www.DBSAlliance.org/CLF2008">www.DBSAlliance.org/CLF2008</a>.</i>		
MONDAY, SEPTEMBER 15 - FRIDAY, SEPTEMBER 19			
8:00am - 5:00pm	<b>DBSA PEER SPECIALIST TRAINING</b> Post-Conference Institute <i>Separate registration required online at <a href="http://www.DBSAlliance.org/PS2008">www.DBSAlliance.org/PS2008</a>.</i>		

Visit [www.DBSAlliance.org/Agenda2008](http://www.DBSAlliance.org/Agenda2008) for detailed information.

## HOTEL INFORMATION

The DBSA 2008 National Conference will be held at the Sheraton Norfolk Waterside Hotel, the only waterfront hotel in charming Norfolk, Virginia. Dubbed a “cultural center of note” by *The New York Times*, the city offers world-class museums, galleries, performing arts as well as the sandy beaches of Chesapeake Bay.

**SHERATON NORFOLK WATERSIDE HOTEL**  
777 WATERSIDE DRIVE  
NORFOLK, VA 23510

**RESERVATIONS:** Online at  
www.DBSAlliance.org/Travel08  
or call toll-free (888) 627-8042

**IMPORTANT:** When making room reservations by phone, you must indicate that you are attending the DBSA National Conference to receive the negotiated, discounted rates listed here.

**SINGLE/DOUBLE .....\$109/NIGHT (+TAX)**  
**TRIPLE .....\$119/NIGHT (+TAX)**  
**QUADRUPLE ..... \$129/NIGHT (+TAX)**  
**HOTEL VALET PARKING**  
**WITH IN/OUT PRIVILEGES ..... \$10/DAY**

**PLEASE NOTE:** If you're considering an extended stay, the above rates apply Monday, Sept. 8, through Friday, Sept. 19, 2008.

**RESERVATION CUT-OFF DATE FOR GUARANTEED DISCOUNT: AUGUST 11, 2008**  
After the August 11 cut-off date, reservations will be accepted, based on availability, at the regular room rate.

**ROOM CANCELLATIONS** must be made no later than 24 hours before your scheduled date of arrival.

All conference sessions will be held at the hotel.

## ABOUT DBSA

The Depression and Bipolar Support Alliance (DBSA) is the leading patient-directed national organization focusing on the most prevalent mental illnesses. The organization fosters an environment of understanding about the impact and management of these life-threatening illnesses by providing up-to-date, scientifically based tools and information written in language the general public can understand. DBSA supports research to promote more timely diagnosis, develop more effective and tolerable treatments and discover a cure. The organization works to ensure that people living with mood disorders are treated equitably. Assisted by a Scientific Advisory Board comprised of the leading researchers and clinicians in the field of mood disorders, DBSA has more than 1,000 peer-run support groups across the country. Nearly five million people request and receive information and assistance each year. DBSA's mission is to improve the lives of people living with mood disorders.

## SPECIAL PACKAGE DISCOUNTS

**DO MORE AND SPEND LESS** by registering for one of these four multiple-event packages! The cost of each package is 20-30% less than the cost of registering separately for each event. (See rates on next page.)

### VETERANS PACKAGE\*

- PTSD & Veterans Institute (Wednesday)
- Peer Specialist CE Institute (Thursday)
- Your choice of **either**:
  - Families & Recovery Institute **or**
  - Common Ground Institute (Friday AM)
- FULL Conference (Friday PM and Saturday)

### PEER SPECIALIST PACKAGE\*

- Peer Specialist CE Institute (Thursday)
- Your choice of **either**:
  - Families & Recovery Institute **or**
  - Common Ground Institute (Friday AM)
- FULL Conference (Friday PM and Saturday)

### FAMILY PACKAGE

- Families & Recovery Institute (Friday AM)
- FULL Conference (Friday PM and Saturday)

### CONSUMER PACKAGE

- Common Ground Institute (Friday AM)
- FULL Conference (Friday PM and Saturday)

*\*Open to anyone who's interested—need not be a veteran or peer specialist to register.*

“I CAN'T THINK OF ANY OPPORTUNITY THAT HAS HAD THIS MUCH INFLUENCE ON MY MOTIVATION AND ABILITY TO STAY FOCUSED ON MY WELLNESS AND TREATMENT.”

“THE CONFERENCE OFFERED EVERYTHING I HAD HOPED FOR AND MORE WITH THE BREAKOUT SESSIONS, THE KEYNOTE SPEAKERS AND MEETING GREAT PEOPLE. I LOVED IT!”

“BEING WITH A GROUP OF PEOPLE WHERE I AUTOMATICALLY FIT IN IS SO EMPOWERING. I CAN'T THINK OF ANY OPPORTUNITY FOR ME THAT HAS THIS MUCH INFLUENCE ON MY MOTIVATION AND ABILITY TO STAY FOCUSED ON MY WELLNESS AND TREATMENT.”

“I HAVE ATTENDED MANY CONFERENCES, AND THIS WAS THE BEST! I FELT CARED FOR, THE INFORMATION WAS INTERESTING AND APPLICABLE, AND THE SUPPORT AND NETWORKING WERE UNBELIEVABLE TO ME AS A PARENT AND PROVIDER. THANK YOU!”

# DBSA NATIONAL CONFERENCE REGISTRATION

## registrant information

Please print or type clearly. One registrant per form. Form may be photocopied if needed. (◆Fields marked with a diamond must be completed to process this form.)

◆Name	◆Daytime Phone	E-mail
◆Address	◆City	◆State ◆Zip
Special Dietary Restrictions	Special Accessibility Needs	
Emergency Contact	Emergency Contact Phone	
Organization or Chapter Affiliation	How did you hear about the conference?	

Please circle each event you are purchasing in either the Early Bird, Advance or Late & Onsite column based on whether you are a DBSA Donor\* or Non-Donor.

event	Advance (May 5 - Aug 3)		Late & Onsite (Aug 4 - Sep 14)	
	Donor*	Non-Donor	Donor*	Non-Donor
<b>PRE-CONFERENCE INSTITUTES</b>				
PTSD & Veterans**	\$100	\$120	\$120	\$140
Peer Specialist CE**	\$150	\$180	\$180	\$200
Families & Recovery	\$50	\$60	\$60	\$70
Common Ground	\$50	\$60	\$60	\$70
<b>SUBTOTAL</b>	\$ _____	\$ _____	\$ _____	\$ _____
<b>CONFERENCE</b>				
Full Conference (Fri. & Sat.)	\$100	\$120	\$120	\$140
Friday (afternoon)	\$60	\$70	\$70	\$80
Saturday (full day)	\$80	\$90	\$90	\$100
<b>SUBTOTAL</b>	\$ _____	\$ _____	\$ _____	\$ _____
<b>SPECIAL EVENTS</b> <i>(Special Events are not included in the cost of conference, institutes or packages.)</i>				
Friday Friends Reception	\$65	\$65	\$75	\$75
Saturday Cont'l Breakfast	\$25	\$25	\$25	\$25
Saturday Lunch	\$35	\$35	\$35	\$35
Saturday President's Lunch	\$500	\$500	\$500	\$500
Saturday Comedy Night	\$10	\$10	\$15	\$15
<b>SUBTOTAL</b>	\$ _____	\$ _____	\$ _____	\$ _____
<b>SPECIAL PACKAGE DISCOUNTS</b>				
<b>Veterans Package**</b> Wednesday thru Saturday (save 30%)	\$280 (if sep. \$400)	\$336 (if sep. \$480)	\$336 (if sep. \$480)	\$385 (if sep. \$550)
<b>Peer Specialist CE Package**</b> Thursday thru Saturday (save 20%)	\$240 (if sep. \$300)	\$304 (if sep. \$380)	\$304 (if sep. \$380)	\$328 (if sep. \$410)
<b>Note:</b> If you purchase a Veteran or CE package above, please select your Friday AM Institute (check one only): <input type="checkbox"/> Families & Recovery or <input type="checkbox"/> Common Ground with Pat Deegan, PhD				
<b>Family Package</b> Full Conference+Institute (save 20%)	\$120 (if sep. \$150)	\$144 (if sep. \$180)	\$144 (if sep. \$180)	\$168 (if sep. \$210)
<b>Consumer Package</b> Full Conference+Institute (save 20%)	\$120 (if sep. \$150)	\$144 (if sep. \$180)	\$144 (if sep. \$180)	\$168 (if sep. \$210)
<b>SUBTOTAL</b>	\$ _____	\$ _____	\$ _____	\$ _____
<b>TOTAL \$ _____</b>	*Donors are those who have given \$20 or more to DBSA headquarters within the past 12 months. Donor discounts do not apply to organizations. **Need not be a veteran or peer specialist to register.			

## please consider

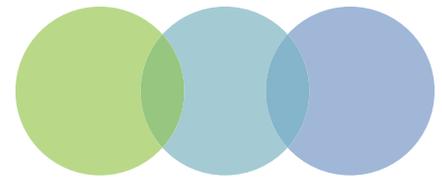
Did you know that DBSA spends over \$250/person in actual costs for each conference (Friday afternoon through Saturday) registrant? If you have the means to do so, please consider donating below to help offset the difference in actual costs and the registration fee. By doing so, you are helping to ensure that future educational programs are available to as many individuals as possible. Thank you ---- DBSA

## donation

I'm a non-donor who'd like to give to DBSA. \$ \_\_\_\_\_  
*\*Non-donors will receive the donor rate if they contribute at the time of registration.*  
 Choose one of the following donor categories:  
 Member \$20 (Minimum)  Bronze \$21 - \$149  Silver \$150 - \$499  Gold \$500 - \$999

I'm a donor\* to DBSA and would like to give an additional gift. \$ \_\_\_\_\_

**total amount enclosed** ..... (in U.S. dollars) \$ \_\_\_\_\_



# THE POWER OF PEERS

## DBSA 2008 NATIONAL CONFERENCE • NORFOLK, VA

YOU MAY ALSO REGISTER ONLINE AT [www.DBSAAlliance.org/Conference2008](http://www.DBSAAlliance.org/Conference2008)

## please return registration form with payment to:

**DBSA**  
 730 N. Franklin Street, Suite 501  
 Chicago, IL 60610  
 Toll-Free: (800) 826-3632  
 Fax: (312) 642-7243

A confirmation letter will be sent upon receipt of your registration form and payment. Please allow three weeks for your confirmation.

**Cancellations:** Refunds (minus a \$25 cancellation fee) will only be given if you cancel more than two weeks before the conference. You may transfer your registration to another person. However, you must notify us in writing of this transfer no later than two weeks prior to the conference.

**Deadline: August 27, 2008**

**All cancellations must be received in writing by the above date.** Conference events are subject to additions and changes. DBSA reserves the right to cancel this conference at any time. In the unlikely event that this occurs, registration fees will be refunded in full.

## More Information

is available through our website [www.DBSAAlliance.org/Conference2008](http://www.DBSAAlliance.org/Conference2008)

- Speakers
- Sessions
- Discount packages
- Hotel and travel discounts

## payment method

Check or money order is enclosed payable to DBSA (in U.S. dollars).  
 Charge my credit card.  
 MC  Visa  Discover  AmEx

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**keynote speakers**

**KAY REDFIELD JAMISON, PHD**  
RESEARCHER, CONSUMER  
& AUTHOR

**RICHARD COHEN**  
BEST-SELLING AUTHOR

**LARRY FRICKS**  
ADVOCATE, CONSUMER  
& EDUCATOR

**PAT DEEGAN, PHD**  
RESEARCHER, CONSUMER  
& EDUCATOR



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**final agenda**