

Paige Hemmis shares her personal struggle with depression to inspire people with depression symptoms in Atlanta to seek help.

The Depression and Bipolar Support Alliance (DBSA) is proud to be a partner in the Blueprint for Hope campaign and host the tour on Thursday, September 24.

Please join us to...

- Learn about Paige's personal experience with depression and helpful do-it-yourself (DIY) and design tips for easy, cost-effective home improvements.
- Find out about building a personalized "blueprint," or plan, for managing depression from an Atlanta area psychiatrist.
- Hear about depression resources and support groups in your community available through the Atlanta chapter of DBSA.



Paige Hemmis,
Designer on ABC's *Extreme Makeover: Home Edition*™

Date: Thursday, September 24

Time: 7:30 PM – 9:00 PM

**Location: Renaissance Atlanta Hotel Downtown
590 West Peachtree Street NW
Atlanta, GA 30308**

Located near the North Avenue MARTA station

Complimentary valet parking also available at the hotel

To RSVP please email: Atlanta@BlueprintforHope.com

Or call: 1-877-418-7387

For more information, visit

BlueprintforHope.com



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