



Chapter Resource Order Form

*As a benefit of chapter affiliation, we will send you up to 600 total brochures and up to 8 printed guides annually **free of charge**. We are pleased to provide these resources to help your chapter get the word out to your community about mood disorders. To order, please complete this form and return it to DBSA.*

Depression and Bipolar Support Alliance

Brochures (number)

- _____ 6 Month Personal Calendar
- _____ *Understanding Your Mood: An Introduction to Depression and Bipolar Disorder*
- _____ *Suicide Prevention Cards (package of 25)*
- _____ *Suicide Prevention and Mood Disorders: Understanding Suicidal Thinking*
- _____ *DBSA Support Groups: An Important Step on the Road to Wellness*
- _____ *Understanding Agitation*
- _____ *What Helps and What Hurts: When Someone You Care About Has Depression or Bipolar Disorder*
- _____ *Getting Started: A Guide for Parents*

Spanish Brochures (en Español) (number)

- _____ *Dual Diagnosis and Recovery (en Español)*
- _____ *Treatment Challenges: Finding Your Way to Wellness (en Español)*
- _____ *You've Just Been Diagnosed... What Now? (en Español)*
- _____ *Getting Better Sleep (en Español)*

**NOTE: Some brochures listed may no longer be available in print. To view or print brochures and other publications that are not available, visit www.DBSAAlliance.org/publications.*

Brochure Packs

(Each pack counts as 1 "free" brochure)

(# packs) x (5 /pack)= (total brochures)

- _____ x 5 per pack = _____ *Food and Mood*
- _____ x 5 per pack = _____ *Kindness as a Way to Wellness*
- _____ x 5 per pack = _____ *Saying No to Negative Thinking*
- _____ x 5 per pack = _____ *Is it Just a Mood... or Something Else? Mood Disorders for Young People*
- _____ x 5 per pack = _____ *Myths and Facts about Depression and Bipolar Disorder*

DBSA Chapter Guides

These guides are also available for download on www.DBSAAlliance.org/ChapterMgmt.

- _____ *Chapter Basics Guide*
- _____ *Chapter Branding Guide*
- _____ *Support Group Crisis Response Guide*
- _____ *Conflict Management Tool*
- _____ *Support Group Facilitator Training Kit*
- _____ *Inclusiveness Guide*
- _____ *Growing Your Chapter Guide*
- _____ *Fundraising Guide*

DBSA Organizational Brochure

You can order the DBSA Organizational Brochure in addition to the 600 brochure annual allotment at no charge to you!

- _____ *DBSA Organizational Brochure*

_____ **TOTAL NUMBER** of *free* brochures ordered not including the DBSA Organizational Brochure

_____ **TOTAL NUMBER** of *free* chapter guides ordered

_____ **ADDITIONAL BROCHURES** (over 600 per calendar year)

If your orders in this calendar year total more than 600 brochures, we ask your chapter to make a contribution of \$0.25 per brochure to DBSA to help defray printing and shipping costs. Please enclose a check or money order payable to DBSA or include your credit card information in the box below.

Please allow at least 3 weeks for processing and delivery. All items will be shipped via UPS Ground Service. For special requests, large orders, or expedited shipping, contact the DBSA Chapter Relations Department at (800) 826-3632 or chapters@DBSAlliance.org.

Mailing Information

Name: _____ Date of order: _____

Chapter: _____

Mailing Address (no PO Boxes): _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Fax: _____

If contributing via credit card: American Express Discover MasterCard Visa

Name on credit card: _____

Account number: _____ Exp. date _____

Signature: _____

Billing Address (if different from mailing address): _____

City: _____ State: _____ Zip Code: _____

Return completed order form to:

DBSA

Attn: Chapter Relations

55 E Jackson Blvd, Ste 490

Chicago, IL 60604

Fax: (312) 642-7243

Additional forms are available within the Chapter Management section of the website at www.DBSAlliance.org.

Office Use Only: Ordered # _____ Actual # _____ Date _____/_____/_____ Initial _____