



Depression and Bipolar Support Alliance

A limited number of scholarships are available for travel to Arlington Heights, so act today.

To become part of this important DBSA program, request your Advocacy Leadership Training Application by emailing a. Naoki Nakamura at naokin33@gmail.com.

Won't Back Down!

That was the slogan for the first ever peer-led Mental Health Rally held in Springfield on May 25 when 75 peers came together to advocate for quality mental health services.

You too can become part of this growing movement to demand our fundamental right to quality mental health care by participating in the DBSA Advocacy Leadership Training on Saturday, October 25th in Arlington Heights, IL.

Issues Illinois Advocates Won this Year

- Exempted anti-psychotics from the Medicaid 4-drug limit
- Banned the box on private sector job applications that inquires about criminal history
- Prevented families from entering DCFS solely for mental health services and prevented custody relinquishment when there is no abuse or neglect

Current Issues

- Exempt anti-depressants from the Medicaid 4-drug limit
- Educate individuals living with mood disorders about increased access to quality mental health care as a result of health care reform
- Advocate for full implementation of mental health parity rules for individuals with employer commercial insurance



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