

Depression and Bipolar Support Alliance 2006 Annual Report

DBSA's Mission: To improve the lives of people living with mood disorders

A Look Back at 2006 by DBSA President Sue Bergeson

"These [support group] meetings work miracles. They save lives and they give people hope. It's like watching a flower bloom sometimes."
—Cheryl Murphy, DBSA Southern Nevada

Those of us living with mood disorders in the U.S. faced a harsh reality in 2006:

- Over 750,000 of us went to the emergency room because of a suicide attempt.
- STAR*D (an NIMH study) showed that, after four different medication trials, only 60 percent of us experienced an end to symptoms.
- Restrictive insurance policies kept many of us from accessing helpful medication. And a lack of insurance parity kept even more from getting any kind of treatment at all.
- Studies revealed that we're dying about 25 years earlier than those who don't live with mental illness.

Yet, in the face of such discouraging news, DBSA has moved forward. We've approached our mission "to improve the lives of people living with mood disorders" with newfound vigor, providing hope, help and support *when* people need it, *where* they need it and *how* they need to receive it.

What does this *really* mean?

It means that we've increased efforts to build new chapters and support groups, so that these free, life-giving resources are available in local libraries, places of worship, hospitals, etc.

It means we've sought new and creative ways to reach people:

- First-of-its-kind, comprehensive, award-winning report and DVD, *State of Depression in America*, featuring veteran CBS journalist Mike Wallace
- Inaugural Rebecca's Dream Gala to promote awareness about mood disorders, honoring Academy Award-winning actress Patty Duke with the "Legacy of Life" Award
- PSA with *General Hospital* actor Maurice Bernard broadcast during this hit ABC daytime drama
- President's Blogs in partnership with The HealthCentral Network
- DBSA Recovery Education Center's online training classes

- Expanded user-friendly website, www.DBSAAlliance.org
- *Real Recovery*® podcasts

It means we've designed new consumer-based empowerment programs to implement throughout the country:

- DBSA Certified Peer Specialist training
- Living Successfully With a Mood Disorder
- Sleepless in America tour at five universities
- Chapter-based Dual Diagnosis hospitalization program
- Laugh and Learn: A Discussion about Mental Health in the Latino Community

It also means that we've approached health service providers with new communication models, new research insights and new ways for them to partner with their patients:

- Making Recovery Real provider training
- Peer-based research projects

And the fruit of our labor is the hope, help and support that almost five million people found in 2006 through:

- our leading-edge website
- community activities put on by nearly 1,000 DBSA support groups
- free copies of more than 24 printed recovery tools (more than 1.2 million resources were given away last year)
- one of more than 24 new peer-based, recovery-oriented programs and services

Each year, mood disorders devastate almost 21 million Americans. DBSA needs your help to reach out to these millions. Your donation can help us do that. Our 21 national office staff, together with thousands of volunteers nationwide, stretches each dollar so that we can literally improve a life for less than what a can of soda costs.

We've been there. We can help. And we will ... now and in the future.

2006 Board of Directors

Executive Committee

Miriam Johnson-Hoyte, Esq., Chair
Tampa, Fla.

Stephen Propst, MBA, Vice Chair
Atlanta

Larry Fricks, Secretary
Director
The Appalachian Consulting Group
Cleveland, Ga.

Alan Zais, Treasurer
Executive Director, Winnebago County
Housing Authority
Director, HOPE VI Program Management
Rockford, Ill.

Ellen Frank, PhD, SAB Chair
Professor of Psychiatry and Psychology
University of Pittsburgh Medical Center
Pittsburgh, PA

Randy Revelle, JD, Member-at-Large
Senior Vice President
Washington State Hospital Association
Seattle

Directors

Peter C. Ashenden
Executive Director
Mental Health Empowerment Project, Inc.
Albany, N.Y.

Judith A. Cook, PhD
Professor of Psychiatry
University of Illinois at Chicago
Chicago

Sheila Fine
Pittsburgh

Polly D. Sherard
Manager of New Business Development
WJLA-TV
Bethesda, Md.

James C. Swinney
Grapevine, Tex.

Marshall Thomas, MD
Vice Chair/Chief Medical Officer
University of Colorado at Denver
Denver

Sue Bergeson, President, DBSA
Non-voting member
Chicago

"I was at my wit's end ... DBSA changed my life ... I'm giving 100% now, because I've gotten more than 100% back."
—Jill LaPierre, DBSA Nashua (N.H.)

DBSA: 2006 Year in Review

We always look to the future, focusing on how to better serve our constituents. DBSA continues to be an excellent steward of contributions, with 83 cents of every dollar given spent directly on educational outreach, recovery-oriented programs/services and new wellness tools/resources.

In 2006, DBSA began aggressively implementing a new strategic plan, making considerable investments based on constituent needs, a long-term growth strategy and the need for enhanced technologies. For example, in November 2006, we re-launched our website to provide easier navigation, more consumer resources and a more convenient, secure way for people to give. The decision has proven to be a good one: based on bandwidth usage, twice as many people visit our website; more than 30,000 have listened to the *Real Recovery*® podcasts; more than 12,000 messages a month are posted on DBSA Forums; online giving has grown steadily; and the number of letters sent to legislators via our website increased by 460 percent over the same period in the previous year.

Overall, DBSA's current and future financial prospects are strong, despite a 2006 shortfall due to reinvesting and pursuing an aggressive growth strategy. Our financial statements were audited and we continue to be in compliance with Generally Accepted Accounting Principles and the Sarbanes Oxley Act. The Board of Directors reviews monthly financial reports and creates plans to move forward.

Stephen Propst, MBA

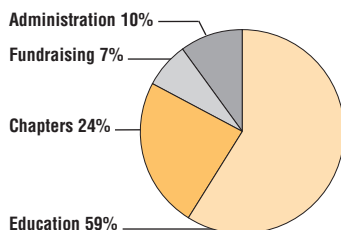
DBSA Board of Directors Chair

Sue Bergeson

DBSA President

2006 Functional Expenses

How each dollar was spent



2006 Audited Financial Statements

Balance Sheet

Assets	2006	2005
Cash and cash equivalents	716,755	1,247,489
Investments	558,932	465,436
Accounts receivable	3,361	29,834
Contributions receivable		100,000
Other	88,996	26,544
Property and equipment	88,008	41,982
Total Assets	1,456,052	1,911,285

Liabilities and Net Assets

Capital lease obligations	1,467	5,995
Accounts payable and accrued expenses	99,703	86,915
Accrued liabilities – payroll, rent	79,598	82,754
Total Liabilities	180,768	175,664

Net Assets

Unrestricted	927,936	1,064,939
Temporarily restricted	347,348	670,682
Total Net Assets	1,275,284	1,735,621
Total Liabilities and Net Assets	1,456,052	1,911,285

Statement of Activities

Revenues, Gains and Other Support

Contributions	2,629,228	3,365,227
Other	254,430	157,692
Total Income	2,883,658	3,522,919

Expenses

Program services	3,017,972	2,480,623
Supporting services		
Management and general	357,479	170,354
Fundraising	280,634	207,178
Total Expenses	3,656,085	2,858,155

Change in net assets	(460,337)	664,764
Net Assets		
Beginning of year	1,735,621	1,070,857
End of year	1,275,284	1,735,621

Special Thanks to our Donors

In DBSA's Annual Report, we celebrate those individuals, organizations, foundations and corporations that demonstrated their commitment to improve the lives of people living with mood disorders by generously supporting our 2006 programs. These inspirational gifts were crucial to providing lifesaving services to more than four million people. Thank you!

ALLIANCE LEAGUE (\$500,000 AND ABOVE)

AstraZeneca

LEADERSHIP CIRCLE (\$150,000-\$499,999)

Abbott Laboratories
Bristol-Myers Squibb Company
Wyeth Pharmaceuticals

FOUNDERS CLUB (\$10,000-149,999)

Anonymous
C.G. Charitable Fund
Cyberonics, Inc.
Forest Laboratories
GlaxoSmithKline
Group Health Cooperative
The Henry Foundation, Inc.
Janssen
Terence A. Ketter, MD
The LaSalle Network
Neuronetics, Inc.
Organon, Inc.
Pfizer Inc
Mr. and Mrs. John Richardson
Shire Pharmaceuticals Inc.
State of Illinois
United States Trust Company

ADVOCATE COUNCIL (\$5,000-9,999)

Aetna Inc.
Carole B. and Kenneth J. Boudreaux Foundation
Joseph R. Daly Foundation
Mr. Roger McNamee
Mr. and Mrs. Edward Scolnick

PLATINUM (\$1,000-4,999)

Michael and Angela Berman Philanthropic Fund
The Earl & Margery Chapman Foundation
Mrs. Rhonda Crow
Crown Asset Management, LLC
Mr. Willson Cummer
Dade Behring Inc.
Mr. Charles Donovan, III
Ms. Sheila Fine
Forming America, LTD
Mr. Richard Fowler
Ellen Frank, PhD
Mr. Larry Fricks
Mark A. Frye, MD

John F. Greden, MD
Guerrera Family Foundation
HealthyPlace.com, Inc.
Highmark BCBS
Mr. Robert H. Howland
Kettering University
Ms. Ilene Kirby
Robert & Patricia Kleckner Foundation
Lisa Mitchell Charitable Foundation
Mr. Dave Miller
Millner Family Foundation
Mr. Ray Muzyka
Mr. Russ Rosenzweig
Psychiatric Annals
Ms. Diane Reissig
Mr. Randy Revelle
Mr. and Mrs. John Riccitiello
A. John Rush, MD
Mr. Mark Schulte
Shaker Family Foundation
Michael Thase, MD
Mr. Cameron Thornton
Unifund CCR Partners
United Healthcare
Ms. Caroline P. Young

GOLD (\$500-999)

Anonymous
Lori L. Altshuler, MD
Ms. Polly Allen
Mr. Peter Augustoni
Dr. and Mrs. Mark S. Bauer
Mr. Moran Brandon
Mr. and Mrs. Joel Bernstein
Ms. Marcia Boehm
Mr. Stephen Brannan
Mr. Michael Capps
Ms. Ashley Carlson
Ms. Laurie Chavasse
CIA Financial Group
Mrs. Yolanda Cortez
Ms. Gregory Debor
Mr. Marco Dondero
Ms. Yvonne Emus
Ms. Patricia Favelli
Mr. Jan Fersing
Alan J. Gelenberg, MD
Mrs. Holly Geraci
GMK Foundation
Mr. Daniel Hawley
Kay Redfield Jamison, PhD
Mr. Robert J. Jolley

Mr. Gilbert M. Lehmann
Mr. Thomas J. Mazzetta
Ms. Josie C. Manternach
Mental Illness Foundation
Ms. Linda Menges
Ms. Susan Milliken
Ms. Hope Newman
Mr. Quentin Parker
Mrs. and Mr. Monica Preston
Mr. George Rehn
Ms. Heather Robbins, PhD
Gregory Simon, MD
Mr. Frank Sinkwich
Mr. Ed Squier
Ms. Kimberly Taylor
Ms. Jessica Weil
Mrs. Beverly White
Ms. Courtenay R. Wood

**SILVER
(\$150-499)**

Mr. and Mrs. Anthony Ach
Mr. and Mrs. Wayne Achee
Mr. and Mrs. John Adamiak
Rex Adamson, MD
Ronald Addestone, MD
Ms. Amy L. Alexander
Mr. Rex Alman
Mr. Mayer Arnowitz
Mr. and Mrs. Andrew Aronson
Mr. Peter C. Ashenden
Ms. Linda B. Bahrenburg
Mr. Daniel Banando
Ms. Donna Lee Barry
Ms. Pamela Bartlett
Mr. and Mrs. Larry Belinsky
Mr. and Mrs. Paul W.
Bergeson
Joseph Biederman, MD
Mrs. Barbara Blum
Mr. and Mrs. Stephen Bram
Ms. Dianne Brinson
Mr. and Mrs. Elton C. Brown
Mr. Samuel C. Brown
Ms. Constance B. Cantor
Mr. Luis Manuel Carrillo
Mr. and Mrs. Allen Cassidy
Mrs. Bill Chapman
ClayPeople
Ms. Laura Clegg
Ms. Beth Cohen
Ms. Kristine Collins
Ms. Patricia Collins
Community Foundation of
The Jewish Federation of
Orange County
Connelly Roberts & McGivney
Ms. Peggy Lynne Conway
Judith A. Cook, PhD
Mr. Tim Coslet
Mr. Raymond Cracchiolo
Mr. Al Crisanty
Ms. Debra Critz
Mr. Michael Danitz
Ms. Teresa Day
Mrs. Maryann DeAngelis
Debt Buyers' Association
Mr. Vincent DiMeo
Diseño Y Decoración
Ms. Joanne Doan
Mr. V. A. Dohner
Ms. Elizabeth P. Dorough

Mr. Robert B. Dreisin
Mrs. Dorothy Duffy
Mrs. Donna Dynek
Mr. and Mrs. Elliot Earl
Mr. James B. Fadim
Ms. Erica Fairbank
Mrs. Carmer Falgout
Farmington Valley Rowing
Association
Mr. Antonio Ferre
Mrs. Elliot Fink
Peter Forster, MD
Dr. and Mrs. David S. Fox
Mrs. Mindy M. Fox
Ms. Genevieve L. Frank
Ms. Diane D. Friebe
Mr. and Mrs. Frank Friedman
Mr. Jerry Fulenwider
Mrs. Kathryn D. Gabelman
Mr. and Mrs. Gerald Galison
Mr. Thomas A. Garlick
Mr. Earnie Giles
Ms. Gale E. Greeley
Mrs. Cherry Green
Ms. Sharon Grossinger
Mrs. Karen Hall
Ms. Martha Hall
Mrs. Marshall Hamilton
Ms. Kathleen M. Harrick
Ms. Stephanie E. Hearne
Dr. Roger Helfrich
Mr. Kenneth Hess
Mr. Matthew Hill
Mr. Mark Hinsch
Mr. I. Jerome Hirsch
Ms. Karen Hixon
Mrs. Bernadette Hoeller
Mr. and Mrs. Charles Hollen
Dr. and Dr. William Houghton
Ms. Amy Hurst
Mr. David Israel
Ms. Jill Jacoby Brown
Marieta Jamsek, MD
Mr. Henry Janson
Mr. Gary W. Jennings
Mr. John Jennings
Ms. Jennifer Johnson
Ms. Nancy Jones
Mr. Sidney C. Jones
Ms. Janice Jordan
Mr. James Kargman
Wayne Katon, MD
Mr. Michael Kenfro
Mr. Thomas Kepler
Mrs. Joanne Kerner
Mr. John Kessler
Mr. Dennis Kirkpatrick
Mr. Jack Knox
Mr. David Kobrin
Mr. John Kolbisen
Ms. Tara Kurland
Mr. Rolando Lacayo
Ms. Kathryn LaGrange
Ms. Janet Leap
Ms. Joan Leavitt
Ms. Maria Lemerman
Ms. Judith Lewis
Ms. Martha A. Lewis
Mr. George Linsenmayer
Mr. and Mrs. Bob Linzy
Mrs. Susan Lobanov-
Rostovsky

Mr. and Mrs. David P. Madon
Ms. Susan Maiello
Mrs. Gail Marshall
Mr. and Mrs. D. E. Masterson
Ms. Harriet Martin
Mr. John McCormick
Mr. Jerry F. Medley
Mr. Keith Mendel
Dr. and Mrs. Roger E. Meyer
Mrs. Joan M. Mitchell
Mr. and Mrs. Eugene Monroe
Mr. Kevin Morin
Mr. David Muzina
Mr. Naoki Nakamura
NARCA
Mr. and Mrs. William Nash
Ms. Dee Nathans
NATO BICES Agency
Eric J. Nestler, MD
Ms. Hope Newman
Mrs. Kris Nicholson
Ms. Deborah Niedermeyer
Mrs. Diana Nielsen
Mr. Arnold C. Novak
Mr. Anthony Nudo
Ms. Kim O'Brien
Mr. Anthony Okolisan
Mrs. Charlotte Olson
Mrs. Jeannine Olson
Ms. Karen Pereira
Petersburg National Battlefield
Mrs. Joan L. Petty
Ms. Lizette Potthoff
Mr. Don Pritchard
Ms. Donna Pugh
Mr. Gary Rado
Ms. Jane Rankin
Mr. James Ransbottom
Mrs. Amelie Ratliff
Ms. Vowell Rauhe
Ms. Diana Rich
Ms. Miriam R. Righter
Mr. Robert Ritacca
Ms. Martha S. Reese
Mrs. Larry Rosen
Mrs. Sandra Rosenbloom
David Rubinow, MD
Ms. Harriet Sarkaria
Mr. Brian M. Saunders
Ms. Amy L. Schreiber
Mr. Andre Serero
Mrs. Pat Shackleton
Mrs. Geneva Sharpe
Ms. Polly D. Shepard
Mrs. Martha Shurtleff
Mr. John Skolits
The Smith Family
Ms. Twyla Steinberger
Col. and Mrs. Ron Stephen
Mrs. Josephine Stout
Ms. Kandy Sullivan
TDIndustries
The Ticket Window
Mrs. Bonnie J. Tippey
Mr. Brad Thompson
Cora Tompkins, MD
Mr. Robert Trapp
Ms. Helen Tufaro
Ms. Karen Turano
Dr. Hyong Un
Union Bank of California

Valley Car Wash Officers
Mrs. Joan Vandersloot
Mr. Don Voss
Ms. Jessica Wakefield
Ms. Laura A. Wallace
Mr. Barry Watkins
Ms. Jessica Weil
Mr. Howard Weinstein
Ms. Lisa D. Weiss
Mrs. Patricia Westfield
Mr. and Mrs. Henry Wetzel
Mr. Darrel Wilcox
Mr. and Mrs. Rusty Wilkes
Mr. and Mrs. Jack Wilkinson
Mr. Terry Wilkinson
Mr. David Wilson
Mrs. Lynn Winkler
Wolfe Family Charitable
Foundation
Ms. Janet Wolfenberg
Jennifer Yolles, MD
Mr. Alan Zais

**REBECCA'S DREAM
DONORS**

The Adler Planetarium &
Astronomy Museum
Bill Rancic
Brookfield Zoo
Chicago Gallery News
Chicago Magazine
The Chicago Tribune
Coobah
David Jacobson
Elaine Soble
Hel's Kitchen
Four Seasons Hotel
Howard Zaltzman
Joyce Mayster
Jucimara Markoff
Kim and Benson Littman
Kohler Co.'s Hospitality and
Real Estate Group
Lettuce Entertain You
Linda Lee Goldman
Marianne Strokirk Salons
McArthur Photography
Mesirow Financial
Michael J. McNeil
Mitchell Harrison
Orbitz
Peninsula Hotel
Sam Perlman
Sam's Wines and Spirits
Shirise
Spirit of Chicago
Steve E. Gross & Associates
Studio Sans Pareil
The House Theatre of Chicago
The Maya Romanoff Corp.
The Westye Group, Midwest
WGN Radio
Winnetka Stitchery
Writers' Theatre

**CONTRIBUTORS TO THE
REBECCA LYNN CUTLER
LEGACY OF LIFE
FOUNDATION**

Abbott Laboratories
Administaff
Ms. Deborah Albert
Mr. and Mrs. Richard Aleskow

Mr. Peter Alexander and
Ms. Kaye Fichman
Ms. Diane Altkorn
Mr. Paul Ankin
Anonymous (2)
Mr. and Mrs. Larry Arnowitz
Mr. and Mrs. Tom Aronson
Ms. Marget Arthur
AstraZeneca
Mr. Peter C. Ashenden
Mr. Norman Atkins and
Mr. Neal Atkins
Mr. Richard F. Babcock and
Ms. Gloria Dilibato
Mr. and Mrs. Bruce Bachmann
Mr. and Mrs. Bryan Badzin
Mr. Jeff Barnet
Mr. Thomas Barnum
Mr. and Mrs. Burt Batchko
Dr. and Mrs. Richard Bauer
Mr. and Mrs. Ed Bederman
Mrs. Marian Beebe
Mr. and Mrs. Bruce
Berenzweig
Mr. and Mrs. Daniel Berger
Mr. Dave Bergeson
Mr. and Mrs. Paul W.
Bergeson 🌟
Ms. Sue Bergeson 🌟
Mr. and Mrs. David Berkowitz
Mr. and Mrs. Eugene
Berkowitz
Mr. and Mrs. Joel Bernstein
Ms. Brittney Blair
Mr. Jayson Blair
Mrs. Jane Bogolub
Mr. Jay Bomberg
Mr. and Mrs. Lee Bookman
Mr. and Mrs. Ron Borden
Mr. and Mrs. David Bradford
Mr. and Mrs. Frank Brescia
Mr. Peter Bresler
Ms. Cara Briskman
Mr. and Mrs. Barry
Briskman 🌟
Mr. and Mrs. Steve Brodsky
Mr. and Mrs. John Brodson
Mr. and Mrs. Norman Brody
Ms. Honey Bronson
Ms. Penny Brown
Mr. and Mrs. David Brown
Mr. and Mrs. Donald Brown
Mr. and Mrs. Wes Brown
Mr. and Mrs. Michael
Cahr 🌟
Mr. and Mrs. Barry Cain
Mr. and Mrs. Doug Carafiol
Centennial Continuity Funds
Chicago Press
Cyberonics, Inc.
Ms. and Mr. Miriam Chaplik-
Proper
Dr. and Mrs. Stephen Chernaik
Dr. and Mrs. Lester Chernick
Mr. Bill Chunowitz
Ms. Mary Coats
Dr. and Mrs. Avrum Cohen
Mr. and Mrs. Matt Cohen
Mr. and Mrs. Phil Coleman
Judith A. Cook, PhD
Mr. and Mrs. William Cottle
Mr. and Mrs. Brett Cutler 🌟
Mr. and Mrs. Steven Cutler

Mr. and Mrs. Norman Cutler 🍷
 Ms. Julie Deutsch
 Mr. and Mrs. Leo Dhont
 Mr. and Mrs. Ken Dickman
 Mrs. Judith Dodge
 Mr. and Mrs. David Donenberg
 Mr. Charles Donovan, III 🍷
 Mr. Tony Dow
 Mr. and Mrs. Steven Dreifuss 🍷
 Mr. and Mrs. Chuck Dresner 🍷
 Mr. and Mrs. Steve Drucker
 Mr. and Mrs. Gerald Dubin
 Mr. and Mrs. Lawrence Dubin 🍷
 Mr. and Mrs. David Duckler
 Mr. and Mrs. Juan Carlos Duque
 Mr. and Mrs. Rob Effinger
 Mr. and Mrs. Irwin Eisen
 Mr. and Mrs. Gary Elkins
 Mr. and Mrs. Dustin Epstein
 Mr. and Mrs. Paul Faberson
 Mr. James B. Fadim
 Ms. Karen Fallahi
 Dr. and Mrs. Nuri Farber
 Mr. and Mrs. Joel Fenichel
 Mr. and Mrs. Danny Fidell
 Ms. Joyce Fidell
 Mr. Mark Fields
 Mr. and Mrs. Jeff Fine
 Ms. Sheila Fine 🍷
 Ms. Carole Fischer
 Mr. and Mrs. Larry Fisher
 Mr. and Mrs. William Flapan
 Mr. and Mrs. Charles Frank
 Ms. Genevieve L. Frank
 Mr. and Mrs. Hubert Frank
 Ellen Frank, PhD 🍷
 Ms. Ruth Freer
 Ms. Amy Friedman
 Mr. and Mrs. Frank Friedman
 Dr. Freddi Friedman
 Mr. and Mrs. Phil Gagerman
 Mr. and Mrs. Ed Gamson
 Ms. Cindy Garoon
 Mr. and Mrs. Mickey Gaynor
 Mr. and Mrs. Howard Gilbert
 Dr. and Mrs. William Gilmer 🍷
 Mr. and Mrs. Marvin Ginsburg
 Mr. Myron Glassenberg
 Mr. Micha Gleason
 Mrs. Paula C. Goedert
 Dr. and Mrs. A. Richard Goldman
 Mr. and Mrs. Irwin Goldman 🍷
 Dr. and Mrs. Melvin Goldstein
 Mr. Mark Goodman and Ms. Julie Tenenberg
 Mr. and Mrs. Jim Goodman
 Ms. Sheri Gordon and Ms. Jamie Gordon
 Mr. Scott Gorsky and Ms. Kate Crawford
 Dr. and Mrs. Jay Gorsky 🍷
 Dr. Susan Altfield and Dr. Lee Gorsky
 Mr. Peter Graham
 Mr. Eric Gravengaard
 Mr. Robert E. Green
 Dr. and Mrs. Robert Greendale
 Mr. Dobby Grossman
 Mr. and Mrs. Jeff Gumbiner
 Mr. and Mrs. Lee Gussin
 Mr. and Mrs. Sam Gussis
 Ms. Carole Gutter
 Ms. Lucinda Hahn
 Ms. Deborah Haimés
 Dr. and Mrs. Harlan Haimés 🍷
 Mrs. Marcella Haimés
 Mr. Michael Halberstam
 Mr. and Mrs. Jacob Handelman
 Mrs. and Dr. Linda Harris
 Mr. and Mrs. Jeff Harrison
 Mr. Denis John Healy
 Mr. and Mrs. Gary Hebb
 Mr. and Mrs. Mel Hecktman
 Mr. and Mrs. Jack Heller
 Mr. and Mrs. Mark Herman 🍷
 Mr. and Mrs. Bud Herzog
 Mr. Mark Hinsch
 Mr. and Mrs. Hal Hollister
 Ms. Gwen Holton
 Ms. Laura Hoofnagle
 Mr. Stephen Hornstein
 Dr. and Dr. William Houghton
 Mr. and Mrs. Bob Howard
 Mr. and Mrs. Carter Howard
 Mr. and Mrs. Bill Hunter
 Mr. and Mrs. David Inlander
 Ms. Maria Ivusic
 Mr. Eugene Jacobs
 Mr. and Mrs. Marc Jacobs 🍷
 Mr. and Mrs. David Jacobson
 Kay Redfield Jamison, PhD 🍷
 Janssen
 Mr. and Mrs. Joel Jastromb 🍷
 Mr. and Mrs. Thomas E. Johnson
 Ms. Miriam Johnson-Hoyte
 Ms. Michelle Jorenby
 Mr. Harvey Kaiser
 Mr. Theodore Kakavas
 Ms. Jane Kamerling
 Mr. and Mrs. Julie Kaplan
 Ms. Fran Kapp
 Mrs. and Mrs. Suzi Katlin
 Mr. and Mrs. Jory Katlin
 Mr. and Mrs. Bob Katz
 Mr. and Mrs. Jordan Katz
 Mr. and Mrs. David Kaufman
 Mr. Mark Keebler 🍷
 Ms. Julia King and Mr. John Bejnarowicz
 Mr. and Mrs. Michael King
 Mr. and Mrs. Les Kite
 Mr. and Mrs. Jim Klein
 Mr. and Mrs. Ted Koenig
 Ms. Joanne P. Kolodzik
 Mr. and Mrs. Jack Korol
 Mr. Bernard Kramer and Ms. Jill Weinberg
 Mr. and Mrs. Paul Krouse
 Rabbi and Mrs. Harold Kudan
 Ms. June Kuphaldt
 Mr. and Mrs. Barry Landsman
 Mr. and Mrs. Robert Landsman 🍷
 Mr. and Mrs. John Lefton
 Ms. Nanci Leigner 🍷
 Mr. and Mrs. Martin Levine
 Mrs. Adrienne Levine, LCSW
 Mr. and Mrs. Sonny Levitt
 Mr. and Mrs. Jeff Lichtman
 Mr. and Mrs. Mark Lieberman
 Mr. and Mrs. Matt Lieberman
 Mr. Paul Lieberman
 Mr. and Mrs. Curtis Linder
 Mr. John Lines
 Ms. Judith Litt
 Mr. and Mrs. Michael Lubow 🍷
 Mr. and Mrs. Jon Lulu
 Mr. and Mrs. Michael Lutz
 Ms. Sarah Lynch
 Mr. and Mrs. Steve Mandell
 Mr. and Mrs. Tom Mandler
 Mr. Andrew Mann
 Mr. and Mrs. Thomas Mann 🍷
 Mann, Weitz & Associates LLC 🍷
 Mr. and Mrs. Harvey Margolis
 Mrs. Valerie Markley
 Mr. and Mrs. Bruce Markoff
 Mr. Dean Marlowe
 Mr. and Mrs. Jerrold Mayster
 Mrs. Andree McArthur
 Mr. and Mrs. John McArthur
 Ms. Kathleen McGuire
 Mr. and Mrs. John McNeil
 Mr. John McShane
 Dr. and Mrs. Sam Meisels
 Ms. Karen Mellen
 Mr. and Mrs. Kenneth Mendelson
 Mr. and Mrs. Scott Mermell
 Mr. and Mrs. David Metrick
 Dr. and Mrs. Lawrence Metrick
 Mr. and Mrs. Rob Metrick
 Mrs. Peggy E. Milburn
 Mr. and Mrs. Alan Miller
 Mr. Dave Miller
 Mr. and Mrs. Howard Miller
 Mr. Kevin D. Miller and Mrs. Karen Miller Childs
 Rabbi Nina Mizrahi
 Ms. Marla Mogul
 Mr. and Mrs. John Moore
 Ms. Sharon Morton
 Mr. and Mrs. Allan Myer 🍷
 Mr. Chuck Naples
 Mr. and Mrs. Bill Neiman
 Mrs. Joanne Nemerovski 🍷
 Mr. and Mrs. Jordan Nerenberg
 Mr. and Mrs. Michael Newman
 Mr. and Mrs. Howard Nixon
 John Nordwall Jr, DVM, PC
 Mr. and Mrs. David Novick
 Neuronetics-Stan Miller 🍷
 Mr. and Mrs. Mark Offit 🍷
 Ms. Gail Olson
 Organon, Inc.
 Mr. Patrick Owens
 Mr. and Mrs. Robert Palay 🍷
 Ms. Julie Pappas
 Mrs. Jenny Patinkin
 Mr. Chris Pautsch
 Mr. and Mrs. Noel Perlman
 Mr. Wayne Peters
 Ms. Monica Phillip
 Mr. and Mrs. Brad Pickard
 Mr. and Mrs. Mark Pinsky
 Mr. and Mrs. Gary Polisner
 Mr. and Mrs. David Powers
 Mr. Stephen Propst
 Mr. Bill Rancic
 Mr. John Rasberry
 Ms. Linda B. Resser
 Mr. and Mrs. Wally Roberts
 Ms. Joyce Romanoff
 Mr. and Mrs. Scott Rooth
 Mr. and Mrs. David Rosen
 Mr. and Mrs. Steven Rosen
 Mrs. Sandra Rosenbloom
 Mr. and Mrs. Alan Ross
 Mr. and Mrs. Ron Sackheim 🍷
 Mr. and Dr. Larry Salomon
 Santa Fe Community Foundation
 Mr. and Mrs. Bob Schlossberg
 Mr. and Mrs. Barry Schreibstein
 Mr. and Mrs. Mort Schur
 Mr. and Mrs. Chuck Schwartz
 Mr. and Mrs. Ian Schwartz
 Mrs. Holly Schwarzbauer
 Mr. and Mrs. Jeff Segal
 Mr. Irwin Segal and Ms. Lynn Polin 🍷
 Mr. and Mrs. Mitchell Serota
 Dr. and Mrs. Ray Silverman
 Mr. and Mrs. Steve Silverstein
 Mr. and Mrs. Ed Simon
 Mr. and Mrs. Jay Simon
 Mr. and Mrs. Al Simon
 Mr. and Mrs. Bruce Simons
 Mr. and Mrs. Jay Sinder
 Mr. and Mrs. Stan Slovin
 Mr. and Mrs. Jake Smith
 Mr. and Mrs. Michael Sobel 🍷
 Dr. and Mrs. Jeff Soble
 Mr. and Mrs. Alan Solow
 Ms. Cindy Specht
 Ms. Ann E. Spehar and Mr. Rick Gillespie
 Mr. and Mrs. Bruce Stadwiser
 Ms. Florence Stein
 Mr. and Mrs. Jerry Stock
 Ms. Jan Stone
 Mr. and Mrs. Jay Stone
 Mr. James Stotter, II
 Mrs. Catey Sullivan
 Trisha Suppes, MD, PhD
 Mr. Roscoe Swann
 Mrs. Sherrie Tack
 The Rubin Family
 Mr./Ms. J. A. Thompson
 Ms. Thompson and Mr. Weiss
 Cora Tompkins, MD 🍷
 Mr. and Mrs. Danny Torchman
 Mr. Shane Tritsch
 Ms. Kim Troxell
 Two More Sisters, LTD
 Mr. Michael Vender
 Mrs. Elizabeth B. Walters
 Ms. Elizabeth Warren
 Ms. Lucille Weinress
 Mr. and Mrs. Victor Weisskopf
 Dr. and Mrs. Darren Weissman
 Mr. and Mrs. Randy Wells
 Mr. Scott Wheat
 Ms. Connie Whitaker
 Mr. and Mrs. Richard B. White
 Ms. Rachel Widen
 Ms. Melissa Widen-Goldman
 Ms. Joan Wiff
 Mr. and Mrs. Carl Wilke
 Mr. and Mrs. Jeff Wohlstadter
 Mr. and Mrs. Lee Wolfson
 Wyeth
 Mr. and Mrs. Peter Xilas
 Ms. Nancy Yawitz
 Mr. Mike Young
 Mr. Alan Zais
 Mr. Howard Zaltzman
 Mr. and Mrs. Woody Zwirn

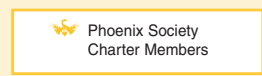
MATCHING GIFT COMPANIES

Abbott Laboratories
 Adobe Systems Incorporated
 Altria Group, Inc.
 AON Corp.
 Eli Lilly and Company Foundation
 Franklin Templeton Investments
 GlaxoSmithKline Global Impact
 HP Employee Program
 Juniper Networks
 Merck & Co. Inc
 Microsoft
 PepsiCo Foundation
 Pfizer Foundation
 TAP
 Union Bank of California
 Wells Fargo
 World Reach, Inc.

EMPLOYEE GIVING

Abbott Laboratories
 Adobe Systems Incorporated
 Aetna Foundation
 Allstate
 Altria Group, Inc.
 America's Charities
 AON Corp.
 AT&T
 Global Impact
 GMAC ResCap
 Juniper Networks
 Microsoft Corporation
 Morgan Stanley
 Raytheon
 SBC Employee Giving
 Schering-Plough
 Sears
 TAP
 Union Bank of California
 United Airlines
 United Way
 Wells Fargo

These listings reflect donations received through December 31, 2006. Every effort has been made to ensure accuracy. We apologize for any errors or omissions, and would appreciate hearing from you with any corrections. Please contact the Development Department at (312) 988-0049.



2006 at a Glance: How We Met Our Mission

Increased local grassroots organizations

- 30% growth in state organizations
- 3.6% increase in local chapters
- 170 chapter leader participants in leadership training at conferences: 89 chapters from 34 different states were represented
- New version of *Starting a DBSA Chapter* guide
- New chapter materials: pens, facilitator shields and pocket guides
- New hospitalization outreach grants for chapters
- New facilitator training online, via phone and facilitator corner of leadership website
- New educational programs for chapters to deliver locally: "Living Successfully with a Mood Disorder" and "Pathways to Recovery"

Expanded patient/family influence on local, state and national policies and legislation

- 421% increase in letters sent to legislators via DBSA's Legislative Action Center
- Active participants in the Campaign for Mental Health Reform and the Mental Health Liaison groups
- Consumer/family interests represented via more than 24 letters about legislative issues
- Oral/written testimony provided to the Center for Medicaid Services (CMS) and the Food and Drug Administration (FDA)
- Consumer issues/concerns communicated through dozens of personal visits with legislators and their staff
- New consumer advocacy training
- New online DBSA Advocacy Center
- Award-winning *State of Depression in America* report and DVD launched at Washington, DC's National Press Club

Expanded acceptance, availability and use of peers as critical to achieving recovery and wellness

- Exceeded by 433% our objective of peer-delivered provider and system training
- Exceeded by 300% our objective of outreach to health insurance companies
- Exceeded by 141% our objective to increase certified peer specialist training, support and research
- Exceeded by 50% our objective to deliver chapter-based, peer-led programs
- Making Recovery Real provider training

- NASMHPD (National Association of State Mental Health Program Directors) consulting to states
- Certified peer specialists training in 8 states
- VA consultation and peer facilitator training
- Research on use of certified peer specialists by NIMH/Greg Simon, MD
- Presentations to executives at Managed Care Behavioral Health Association
- Training of Aetna staff (4 sessions)
- Presentation to Midwest Business Group on Health
- Presentations to Institute for Behavioral Health Informatics (2 sessions)
- Library of Congress presentations
- Bipolar Care OPTIONS™ presentation
- "Living Successfully with a Mood Disorder" chapter-based, and online, programs
- "Pathways to Recovery" chapter-based programs
- Ceremony of Hope (Chicago)
- Depression is Real initiative (Chicago)
- Chapter hospitalization outreach grants
- Training at national Alternatives Conference, U.S. Psychiatric Rehabilitation Association (USPRA), New York Association of Psychiatric Rehabilitation Services (NYAPRS), American Psychiatric Association (APA) Annual Meeting and 30 other events

Developed and distributed products, tools, and services that empower people living with mood disorders and their families to achieve patient-centered, recovery-oriented treatment

- Exceeded by 600% our existing program reach objectives for written materials and 500% for web-based programs
- Exceeded by 300% our objective for use of new media
- Exceeded by 216% our objective for new products, tools, services
- Distributed more than 1.2 million pieces of recovery literature
- Exhibit and training at 2006 APA Annual Meeting in Toronto, Canada
- President's Blogs in partnership with HealthCentral.com
- Sleepless in America outreach events at five universities
- Enhanced website, www.DBSAAlliance.org, which received more than 80 million hits
- New online bulletin boards with improved security
- *Real Recovery*® podcast series

- "Latinos and Mood Disorders" Spanish-language kits
- Coalition with six Hispanic organizations for local Chicago event, "Laugh and Learn: A Discussion about Mental Health in the Latino Community"
- *General Hospital* PSA with Maurice Benard
- San Mateo and Chicago conferences
- Speakers Bureau training

Increased DBSA funding by developing and marketing products, tools and services, and by expanding other development efforts

- Exceeded by 433% our fundraising event objective with the Inaugural Rebecca's Dream Gala honoring actress Patty Duke
- Exceeded by 158% our individual donor objective
- Exceeded by 40% our new corporate outreach objective
- Exceeded by 65% our objective to produce/sell recovery-oriented products
- Met our objective for new federal- and state-level support

Enhanced patient-centered research, inclusion of peer support in treatment protocols and recognition of DBSA's expertise in the ethical treatment of participants in clinical trials for mood disorders

- Exceeded by 30% our objective for DBSA-initiated new research, with SAB members, on peer support's effectiveness
- Met our objective to expand consumers' role/influence in developing, funding and implementing research
- Met our objective to expand/centralize clinical trial information

Positioned DBSA as the leader in providing medically and scientifically accurate and patient-centered information necessary to improve the lives of people living with mood disorders

- 1.5 billion media impressions publicizing DBSA's message of hope, help and support
- Exceeded by 127% our objective to promote public awareness of mood disorders within the media in a cost-effective manner
- Exceeded by 180% our objective to build coalitions with organizations and develop programs, products or services that promote cultural competence in mental health

"I think the reason I was depressed for so long was that I felt excluded from everything, even my family. Finding people that accept you for who you are – I can't put a price tag on that."

—Charles Sakai, DBSA Colorado Springs